
FOR THE WIN

University of Ottawa's women's soccer team cleans up at provincial championships

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Plans in works for new satellite campus

photo by Justin Labelle

Would serve growing francophone community in southwestern Ontario

Andrew Ikeman | Fulcrum Staff

Southwestern Ontario has one of the fastest-growing francophone communities in Ontario, and that is something the University of Ottawa wants to capitalize on. The U of O is examining the possibility of opening a satellite campus in the region whose primary focus will be French-language education.

According to U of O President Allan

Rock, the university is currently exploring whether it would be viable to open a satellite campus in the region. The plans are still in their early stages.

“What we are looking at is the possibility of opening up a satellite campus somewhere in that part of the province, which would enable us to provide French-language instruction to that growing population [of francophones in the region],” said Rock. “We have to think of cost, availability of professors to provide the courses—whether online might be able to help with that—so we are examining that whole question.”

The university is basing its decision to investigate the satellite campus on a report by Ontario’s French Language Services Commissioner François Boileau. The re-

port recommended that in response to the increasing population of francophones in southwestern Ontario, the provincial government establish post-secondary education in the region.

“With the rapid growth of central-southwestern Ontario’s francophone population, it is more critical than ever to remedy the insufficient number of colleges and universities in that region that offer French-language programs and services,” said Boileau in an email to the Ful-

crum. “These deficiencies have the effect of pulling the rug out from under elementary and secondary students, newcomers, and francophiles who want to pursue a post-secondary education in French. The same could be said of the self-serving interest of the government in maintaining and improving its capacity to provide the public with quality French-

—Allan Rock
U of O president

“We are looking at the possibility of opening up a satellite campus somewhere ... which would enable us to provide French-language instruction to that growing population [of francophones in the region],”

language services.”

The commissioner also believes that the University of Ottawa may be a key

player in the region. According to Rock, the university is currently working on a report to submit to the senate and the Board of Administration on the subject. The location, courses, and a timetable for the possible construction of the satellite campus are still undecided, but Rock hopes to have the completed report by the end of the school year.

Rock was adamant that the new campus would not take away from what is taught in the main campus.

“The idea is not in any way to diminish what we are doing here, but rather to replicate it there, for the convenience of the French-language population that wants access to university courses,” he said. “As to which courses would be taught, again it’s very early in the process.”

U of O prof inducted into Canadian Medical Hall of Fame

Dr. Antoine Hakim a 2013 CMHF inductee

Jesse Mellott | Fulcrum Staff

UNIVERSITY OF OTTAWA medical school professor Dr. Antoine Hakim was named an inductee into the Canadian Medical Hall of Fame (CMHF) on Oct. 18, 2012. Hakim was one of six doctors inducted, and will now be considered a laureate, along with his fellow inductees, meaning he has made significant contributions in the realm of medical discovery and innovation. In addition, all inductees were recognized as officers of the Order of Canada.

The CMHF was created in 1994, and it currently has 95 laureates who have been recognized for their outstanding

achievements in the medical profession. CMHF Executive Director Janet Tufts said that nominations can come from any Canadian across the country.

“Any two Canadian citizens can pose a nomination,” said Tufts. “The criteria would be an individual who has either made a single meritorious discovery, one major discovery that has impacted people worldwide, or a lifetime of significant accomplishments that have changed the health-care system locally, regionally, nationally, [or] globally.”

Tufts said the award came from a committee of people from across Canada, and the world.

“[The nomination committee] is made

of eight prominent medical professionals,” said Tufts. “Seven of them from across Canada, and one international representative, they review all the nominations, and typically they are reviewing 70 candidates for each induction, and they will select up to six individuals [each year].”

Hakim is a professor of neurology at the U of O, director of the U of O’s Brain and Mind Research Institute (BMRI), and director of the neuroscience program at the Ottawa Hospital Research Institute (OHRI).

Tufts said Hakim is among the world’s greatest neurologists, and that the selection committee is always looking for doc-

tors who have worldwide acclaim.

“His research has seen measurable results,” said Tufts. “He established the Canadian Stroke Network [CSN], which is a national cadre of researchers and clinicians representing universities, government, and non-profit organizations, whose goal is to alleviate stroke. That group championed the Canadian Stroke Strategy in 2005. Within five years, Ontario alone saw stroke patient admissions decrease by 11 per cent, and referrals to stroke-prevention clients increase by 34 per cent.”

Hakim remains humble despite his many achievements.

“Any accomplishments that were in fact

obtained through the Canadian Stroke Network were because I was surrounded by a small army of very committed and very capable people,” he said. “Maybe a bit of leadership on my part, but honestly it’s more about being given the resources to do the work with and having people who are equally committed and hard-working towards the same goal.”

Hakim said he was excited by the recognition that he received by the CMHF, if only because it shines a light on medical breakthroughs that are occurring in the city of Ottawa at places like the BMRI, OHRI and CSN. The induction ceremony will take place in Halifax on May 2, 2013.

Where does the Quebec student movement stand today?

A look at the movement a year after it began

Erin Hudson | CUP Quebec Bureau Chief

MONTREAL (CUP)—This time last year, the buzz around Nov. 10, the first full-fledged day of action planned by the student movement, was reaching a fever pitch.

The 30,000-strong protest was the first step in what would become North America's largest student protest in decades, with over 200,000 students bringing Quebec's government to its knees over the course of the seven-month strike.

Though emerging from the strike largely victorious, students, once united in the struggle against the government, now stand divided and no longer hold the sway they once did.

"We dictated the political agenda for the last seven months prior to the election," said Coalition large de l'Association pour une Solidarité Syndicale Étudiante (CLASSE) executive Jérémie Bédard-Wien during an event held at McGill University in late September. "The election was the first time that we, students, lost control."

After the summer's provincial election, the incoming Parti Québécois (PQ) government froze tuition for the 2012–2013 year, rolling back the Liberals' tuition hike while maintaining their \$39-million increase in student aid.

After the PQ came to power, the largest organization representing Quebec students throughout the strike, CLASSE, disbanded. Its personnel and projects returning to the folds of its parent student association, Association pour une Solidarité Syndicale Étudiante (ASSÉ).

Members of ASSÉ now work indepen-



Demonstrators outside Montreal's city hall on Nov. 1

photo by Erin Hudson

dently of university and CÉGEP student federations Fédération étudiante universitaire du Québec (FÉUQ) and Fédération étudiante collégiale du Québec (FÉCQ), though the latter two federations continue to work together.

"The unity [between all of us] was to achieve the fight to have a tuition-fee freeze and, since we won, now we're going back to fighting for our ideas," said Martine Desjardins, FÉUQ president. "We don't have the same ideology as ASSÉ and so it's more complicated to work for the same objectives and the same purposes."

ASSÉ advocates for free education and the abolition of tuition fees, whereas the fed-

erations push for accessible education and do not attack the existence of tuition fees.

For FÉUQ and FÉCQ, a close and collaborative relationship with the government serves as the means for the federations to make progress on issues like the promised summit on higher education. Desjardins is often in communication with Pierre Duchesne, the newly appointed minister in charge of post-secondary.

"The minister [is] listening to what we have to say and asking a lot of questions and I think it's a good thing," she said.

But directives from Duchesne's ministry have been slow, and concrete details on initiatives like the summit on post-sec-

ondary education have yet to be released.

Both McGill and Concordia received directives officially cancelling the Liberals' tuition hike on Nov. 2, nearly two months after the PQ announced their government would cancel the increases.

While the student federations work in tandem with the government, ASSÉ is calling for its members, numbering over 100,000 students, to continue mobilizing.

"In reality, though the tuition hike has been cancelled, teaching institutions are not sheltered from other dangers such as the commodification of knowledge," stated an ASSÉ press release.

ASSÉ organized demonstrations such as the Nov. 1 solidarity march for former CLASSE spokesperson Gabriel Nadeau-Dubois after he was found guilty of contempt of court, and the Montreal contingent for a global day of action against the corporatization of education.

The day of action demonstration on Oct. 18 resulted in three arrests and the injury of one demonstrator, Emmanuel Denizon, from a rubber bullet.

An international week of action is set for the week of Nov. 14. Department associations at five Quebec universities so far have adopted strike mandates for the week.

Turning Point

Why does no one want to be premier?

Andrew Ikeman | News Editor

IN THE WEEKS since Dalton McGuinty resigned his post as leader of the Ontario Liberal Party (OLP), there has been a seemingly endless number of refusals by high-ranking Liberals to enter the race for the position.

The list of people who don't want the job is considerable: Minister of Energy Chris Bentley; Minister of Finance Dwight Duncan (both of whom have announced their intention to retire from politics); Liberal Party President and Ottawa Centre MPP Yasir Naqvi; and Minister of Transportation, Minister of Infrastructure, and former Ottawa mayor

Bob Chiarelli.

At the moment it appears that only two members of McGuinty's cabinet are going to throw their hats in the ring. They are Minister of Municipal Affairs and Housing and Minister of Aboriginal Affairs Kathleen Wynne; and former mayor of Winnipeg (yes, that Winnipeg) and Minister of Training, Colleges and Universities Glen Murray—both of whom resigned their posts in cabinet in order to run for the leadership and have launched their campaigns for leader. Some people who have declined to run have been known to possess leadership ambitions, but declined nonetheless.

Some of the other names in the mix are

former attorney general Michael Bryant, who gained notoriety after an incident with a cyclist; former minister George Smitherman; Minister of Health and Long-Term Care Deb Matthews, who continues to be dogged by questions about the Ornge Air ambulance scandal; and former MP and MPP Gerard Kennedy.

The field isn't looking so great. That's no knock on those in the running—both Wynne and Murray have serious leadership potential—but shouldn't the race include the best of the best? Why aren't some of the top people in the party running?

The reason is not Ontario, if you listen to some of the OLP's own rhetoric, the

province is in great shape, and poised to remain one of the strongest in the country.

Whoever wins the leadership won't have it easy. They will become premier among a bevy of scandals and will face an opposition who are ready to pull down this minority government.

Opposition leader Tim Hudak and New Democratic Party leader Andrea Horwath have been able to effectively challenge the Ontario government at every turn, and refused to put up with any attempts by the government to hide any information. According to some, the status of minority government was hard for McGuinty to handle after years as a majority premier.

These new challenges may be difficult, but in the end, you have to wonder why no one is willing to step up to the plate. While McGuinty was in office, the federal Liberals were reduced to their lowest point ever, and yet there was never a lack of candidates for the federal leadership. Now, I know it is not even a month into the campaign, but the fact that so many of the party's elite have already bowed out of the race is definitely disconcerting.

The race to determine who will become Ontario's next premier will be a hard-fought one. With the date to submit nominations coming up this month, the pressure is on.



The Debriefing

NDP split on setting up a provincial wing in Quebec

MONTREAL—THE NEW DEMOCRATIC Party (NDP) met in Montreal on Saturday, Nov. 3 to discuss the possibility of setting up a provincial wing of their party in Quebec. It is currently not an option for Quebecers to vote NDP in their provincial elections, but after the party had an incredibly strong showing in the province during the last federal election in 2011, there are new incentives to ensure that they maintain a strong Quebec presence.

Some party delegates argued that having an NDP wing in Quebec would provide residents with a necessary alternative to the leftist, sovereigntist parties that currently dominate Quebec's political arena. Others were concerned that setting up a Quebec branch of their party would consume precious resources that could be better used in defeating Stephen Harper's Conservatives in the 2015 federal election.

At the weekend's close, there was no clear consensus on whether the NDP will set up a provincial wing of their party in Quebec.

—Keeton Wilcock

No relief yet for Ontario law grads without articling positions

WINDSOR (CUP)—A PILOT CO-OP project to help Ontario law grads struggling to land an articling position has been shelved.

During a public meeting on Oct. 25, the Law Society of Upper Canada was to make a decision on creating a supplement articling program for law school graduates, but instead broke for lunch and won't reconvene until next month.

The organization's Articling Task Force has written a proposal calling for new licensing preparation through a law practice program. It's intended to lift the pressure off recent law graduates who cannot find articling positions in Ontario by offering them an eight-month program as opposed to a 10- to 12-month articling position. This would also create a streamlined process for students to take the bar exam.

Despite an increase in articling positions in Ontario from 1,200 to 1,700 over the last decade, there are currently an estimated 200 post-grads unable to find articling positions, according to the Articling Task Force's report.

Roy Thomas, director of communications for the Articling Task Force, said the volume of work in Ontario is far higher than that of other provinces. Ontario is an attractive place for prospective lawyers, but the economics of paying an articling student today are not as favourable.

—Jay Verspeelt, *The Lance*

CRTC looks to create national standards for mobile providers

OTTAWA (CUP)—TO HELP CONSUMERS avoid surprises on their cell-phone bill, the Canadian Radio-television and Telecommunications Commission (CRTC) is looking to develop a mandatory national code for providers to follow. After requests from Rogers and TELUS, the CRTC is also asking the public to provide input, having received over 700 online responses so far.

The code would be a national set of rules for mobile service providers to follow, touching on issues such as contract cancellation fees and accurate advertising prices, among others.

Public comments can be submitted on the CRTC website until Nov. 20. After that, a new phase of feedback collection will begin.

Public hearings on the issue will take place in January in Gatineau, with only those who provided input allowed to attend. The CRTC hopes that if all goes smoothly, the code will be in place by summer 2013.

—Jane Lytvynenko, *CUP Ottawa Bureau Chief*

'Why China can't rise peacefully'



illustration by Mathias MacPhee

World-renowned scholar gives lecture at U of O

Jesse Mellott | Fulcrum Staff

CHINA. IT SEEMS like every day we hear something new about the world's most populous nation, and that was certainly the case when world-renowned professor John Mearsheimer came to the University of Ottawa to lecture on Oct. 17. Professor Mearsheimer, who teaches at the University of Chicago, gave a guest lecture entitled "Why China can't rise peacefully."

According to Mearsheimer, Canadians should be concerned about China's rising influence in the world.

"I think that if China continues to rise over the next thirty years the way it has over the past thirty years, the central question of international politics for every person on the planet will be whether or not that rise can be peaceful," Mearsheimer said. "Since the country that I will be most concerned [with] will be the United States, and Canada lives next door to the United States, it behoves Canadians to think long and hard about this issue."

Mearsheimer said that he is making a prediction on the future of China in relation to the rest of the world.

"Given that [China] has four times the population of the United States, if it has the per-capita GNP [gross national product] that looks anything like Hong Kong, South Korea, or Japan, it will be able to build a much bigger military than the United States has," said Mearsheimer.

Over 150 students, professors, and members of China's embassy attended Mearsheimer's lecture, including Jasmin Cyr, a masters student in political studies at the U of O.

"It is true that China is rising," said Cyr. "That is not put in doubt at all. But then to say that the [United] States would attack China just because it's growing economically, I don't agree with that part. It's true that China is a growing power, and you can't really debate that."

The lecture was hosted by the U of O's Centre for International Policy Studies (CIPS). Cynthia Brassard-Boudreau,

program coordinator at the centre, said its main goal is to bring new ideas on international policy to the university.

"[CIPS] aims at promoting and supporting research in international affairs here at the University of Ottawa, and

we do that through a number of activities and a number of programs," said Brassard-Boudreau. "Our speakers' series is probably the best known. We have one in international political economy, we have one in security studies, [and] we have one in international theory."

—John Mearsheimer

Mearsheimer is a well known international relations theorist, with his most famous work *The Israel Lobby and U.S. Foreign Policy* coming out in 2007. He has taught at the University of Chicago since 1982, after getting a Masters degree from the University of Southern California and his Ph.D from Cornell University in 1980.

What's he building in there?

Tyler Shendruk | Fulcrum Contributor

IMAGINE YOU ARE a farmer. Bees pollinate your crop, but you are considering using a cheap pesticide that would not only remove pests from your crops, but kill bees as well. Before you make your decision, you must not only consider the cheaper price of the pesticide, but also the amount of money you would have to spend hiring workers to do what the bees used to do for free.

Despite society's many industrial and agricultural advancements, there is

something to be said for good old Mother Nature. Not only does the natural world provide humanity and commerce with raw materials, but it also provides economic services—for free.

The researcher

Andrew Kadykalo didn't take the normal path to becoming a biologist. His undergraduate degree is in business, which gave him a background in mathematics and statistics. He ended up minoring in biology and is now a master's student in the department of biology at the University of Ottawa.

The project

Ecologists have been estimating the value of specific services of different ecosystems since the 1980s, but Kadykalo didn't go out into the field and redo what's already been done. Instead, he performed a meta-analysis, meaning that he brought together all the relevant research on the economic value of one specific ecosystem—wetlands. Kadykalo wanted to find out what economic functions of wetlands are most often identified as important by both economists and ecologists.



Why wetlands are valued

The key

Kadykalo found that both scientists and economists pointed to wetlands' ability to protect against erosion, create new soil, sequester carbon, and facilitate pollination for agriculture. However, the most valuable service provided by wetlands to humans was, by far, flood control. Wetlands have a huge capacity for water storage and can absorb large amounts of water that would otherwise flood human communities. Kadykalo followed this up by determining how accurately scientists can measure and

predict the level of service provided. Surprisingly, Kadykalo's meta-analysis revealed that the area of a wetland isn't the important factor in predicting flood reduction. A few small wetlands can be just as valuable as one large wetland, and the type of wetland—yes, there are sub-types—plays an extremely important role in flood reduction.

Are you doing interesting science? Or do you have a professor who can't stop talking about their research? Let us know at research@thefulcrum.ca.



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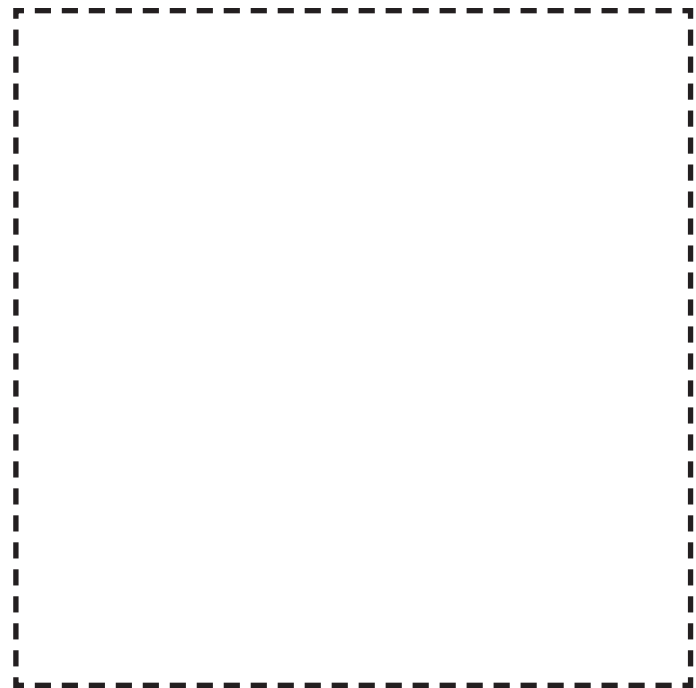
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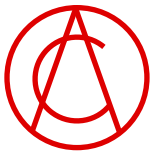
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There's always room for more...



Surprise! It's Craig Cardiff

photo by Joel Balsam

Juno-nominated singer-songwriter holds last-minute show at Café Alt

Joel Balsam | Fulcrum Contributor

Students who stopped by Café Alt for a quick cup of coffee or a comfortable place to study on Oct. 31 were surprised to find Juno-nominated folk artist Craig Cardiff performing live.

Despite the fact that the show was announced on Facebook and Twitter just the night before, the early-afternoon show garnered a captivated audience of more than 75 people.

Normally, the 36-year-old singer-songwriter from Waterloo, Ont. gives at least eight weeks' notice before he plays a venue, but doing a surprise show once in a while offers something unique.

"People talk about the experience and feel special," Cardiff explained. "It's like seeing an eclipse or viewing a falling star."

The free event was organized by Jozef Spiteri, vp social of the Student Federation of the University of Ottawa.

"The event is meant to give students a break during midterms and classes," said Spiteri, adding that more of these short-notice shows will start happening in both English and French at different venues around campus.

"Doing a show like this is a really typi-

cal 'Craig' thing to do," said John Cangi- no, a computer science major at the U of O. "His shows are always interactive and a lot of fun."

True to form, at one of the high points in the nearly two-hour set, Cardiff asked the audience which song he should play next.

"Circus!" one eager fan shouted from the centre of the room.

"Why?" Cardiff asked.

"It's just a beautiful song," replied the fan.

So beautiful that Cardiff told the young man to come up and slow-dance to the song. With no hesitation, the fan

obliged. Within seconds, a girl from the other side of the room jumped up to accompany him. Two other couples joined in and they danced away until the end of the ballad.

"People talk about the experience and feel special."

—Craig Cardiff

relaxed demeanor give off a friendly vibe, and the stories he tells between songs are hilarious.

As part of a tradition, Cardiff passed around a small notebook in which audience members could anonymously write their deepest, darkest secrets—a social

art experiment he calls the "Book of Truths."

"Everybody is full of brokenness," said Cardiff, who draws on many of the entries as inspiration for his songs. There are 40 books to date.

Currently living in Arnprior, Ont., Cardiff has been performing for 16 years. But no year has been bigger for his music career than 2012; his newest album *Floods & Fires* was nominated for the Juno Award for Roots and Traditional Album of the Year: Solo, and he is hoping to win at this year's Canadian Folk Music Awards in the category of Contemporary Singer of the Year.

"I'm able to support myself doing this," said Cardiff, "and that makes me happy enough."

Gentlemen, start your moustaches

SFUO hosts shave-off event to prep U of O men for Movember

Adam Feibel | Fulcrum Staff

EVERY NOVEMBER, MEN across the globe gather in solidarity for prostate cancer by growing a moustache.

But you need to start fresh in order to grow your mo, according to official Movember rules. That was the idea behind the shave-off that took place Nov. 1 at the Jock Turcot University Centre.

The shave-off was organized by the Student Federation of the University of Ottawa (SFUO), which captains the Movember uOttawa campaign. The SFUO invited a local barber to shave students' beards for a suggested donation of \$5.

"Movember is something that's been in the university community for about

four years now, and something that's never been done before is to have a barber come on campus and shave students on Nov. 1," said vp social Jozef Spiteri.

Movember is a campaign that seeks to "change the face of men's health" by raising money for research and awareness initiatives for prostate cancer and men's mental health issues. Men grow moustaches in order to act as a walking symbol of these issues and to collect donations from supporters.

Spiteri has been participating in Movember for four years. After growing a moustache just for fun the first year, he started getting more involved in the campaign by registering to receive donations and creating the Movember

uOttawa team.

"I think it's a great cause," said Jordan Henry, a third-year arts student who had his facial hair professionally razored at the event. "It starts out with looking at prostate cancer, but I feel like it's now expanded to all lower-body cancers."

Top of the World also made an appearance at the shave-off event with a table set up to sell merchandise from their joint breast-cancer campaign with Skoser Clothing and Herd Magazine. The skate- and snowboard-apparel shop on Rideau Street has also launched a new line of Movember merchandise to raise money for the cause.

"We jump on board to as many collaborations as we can to support good

causes," said Top of the World store manager Sam Francis.

"The T-shirts will be launching soon, and they're going to be really funny and really in-your-face...just like our breast cancer shirts," he said. "So it gives us an edge to play the out-there, kind of risky card."

This Movember's promotional theme revolves around the relationship between father and son, with slogans like "honor thy father" and "you're gonna be a man, my son."

"It brings together the two generations, of the younger age where you've got to start being aware...and the older age where [you're] really affected," said Henry.

"It's even a really good family-build-

ing thing," he said. "I'm getting my dad into it, to get him to re-grow his moustache for the last couple years."

Of course, growing a moustache isn't the whole point of Movember. Women are encouraged to participate in events and raise money for the cause, along with the many men who simply can't grow a moustache.

"You don't have to grow facial hair to be a part of it," said Spiteri. "The facial hair was the awareness campaign. Four years ago, it was a big driving force. But there's still stuff you can do, and you can learn a lot from this campaign. It's very interesting to be involved in."

—With files from Andrew Ikeman

An act of violence

U of O theatre students perform award-winning play *If We Were Birds* at Academic Hall



Students in the U of O's drama guild act out a scene from Erin Shields' award-winning play *If We Were Birds* photo by Mathias MacPhee

Sabrina Nemis | Fulcrum Staff

PROFESSOR ANDRÉ PERRIER worries that many students are missing the bigger picture.

The part-time professor and director of the University of Ottawa's drama guild chose Erin Shields' Governor General's Award-winning play *If We Were Birds* to be performed by the university's theatre students because it explores the politics of violence in wartime, especially violence against women.

"People are just not reading the papers; they're not listening or interested in what's going on," says Perrier. "If I can open up a window for them to be more curious about what's going on in the world, then maybe they can implicate themselves in what's going on in the world."

Perrier believes many students aren't

aware that violence persists as an act of war—that genocide didn't end with the Holocaust, for example. Although set in ancient Greece, the stories of the women in *If We Were Birds* could be from any modern conflict.

The play, which ran from Oct. 30 to Nov. 3 at Academic Hall, reinterprets the Greek myth of Philomela and Procne, while the performance's chorus steps forward to tell stories of violence.

In the myth, Procne and her husband Tereus have a happy marriage, though she misses her sister Philomela and sends Tereus to bring her sister to her. While escorting Philomela, Tereus lusts for her and brings her to a cabin in the forest, rapes her, and cuts out her tongue. When Procne learns this, she takes revenge by killing, cooking, and feeding her son to his father, Tereus.

Most characters in the play suffer from the violence of war and turn into birds, each trapped in suffering and limbo. Throughout the play, the all-female chorus breaks tradition by coming forward individually and sharing their stories of wartime violence. Each story escalates until Procne's final act of vengeance.

Supporting the bird imagery was a set dominated by a large cage and ropes dangling in the background. Even when they become birds, each character is tethered to the world and its violence by these ropes.

"They're never free," says Meaghan Flaherty, a member of the chorus.

Unlike a traditional Greek drama, where the ending provides catharsis—a form of purification that allows the audience some relief—*If We Were Birds* leaves things unresolved. The play never gives easy answers.

"It doesn't point us in a direction," says Jan Swiderski, the actor who played Tereus.

While the play draws attention to violence happening in the world, it makes no suggestion as to how to resolve it. The final vengeful act of Procne doesn't stop war or rape, and turning into birds doesn't free the characters from their suffering.

Upon learning that her husband raped her sister, the character Procne says, "I thought family and war were different." Her realization that the two are forever entwined is unsettling and potentially resonant with a western audience accustomed to seeing war as something that happens far away from their homes and families.

"You always think your country is the good guys," says Samuel Dietrich, one of the actors in the play.

While the U of O drama guild's performance of *If We Were Birds* didn't suggest what to do about violence in society, it did leave its viewers with a sense of responsibility and awareness. f

CAMPUS STYLE

Emily Bray | Fulcrum Contributor

The camera's on you! We've turned the lens on students to take a look at who's wearing what on campus.

Taka Hoy

"Buy from consignment stores! It's cheaper, and good for the environment."

Program:
Third-year health sciences

Favourite class:
Bioethics



Camille Andrzejewski

"I love the whole natural and effortless look. I love my skinny jeans and tights, cardigans, and oversized sweaters."

Program:
Fourth-year health sciences

Favourite bar:
Pub 101



The Open Mic

The future of *Star Wars*

Disney's acquisition of Lucasfilm may not be such a menace after all

Adam Feibel | Fulcrum Staff

A photo of Mickey Mouse in jedi attire crossing lightsabers with George Lucas—and the two accompanied by a miscoloured R2-D2 donning mouse ears—is bound to set off an alarm with *Star Wars* fans.

Last week, it was announced that the Walt Disney Company will acquire Lucasfilm Ltd. for US\$4.05 billion in stock and cash and has planned for *Episode VII*

to hit theatres in 2015.

The photo that's been pinned to worldwide news stories about the transaction represents the exact fear of devoted *Star Wars* fans: the sensationalized exploitation of a classic.

Yes, the resulting series of films could be very, very bad. But it seems more likely that longtime fans will be pleasantly surprised.

The whole thing makes sense if you consider Disney's recent history. The deal comes after the company's purchase of Marvel Entertainment for \$4 billion in 2009 and its purchase of Pixar for \$7.4 billion in 2006. Films like *The Avengers* and *Toy Story 3* cleaned up in the box office—\$1.51 billion and \$1.06 billion worldwide, respectively—but also kept their creative credibility intact, and both

Disney and its audiences have reaped the benefits.

Lucas, the 68-year-old creator of the series and sole owner of Lucasfilm, was actually less involved in the original *Star Wars* trilogy than in its prequels. Only *Episode IV: A New Hope* was written and directed by Lucas himself, while he wrote and directed all three of the new films.

The Disney deal marks Lucas's transition into retirement, but not without some final tales from a long time ago in a galaxy far, far away. According to Disney

CEO Bob Iger, Lucas has already developed an extensive storyline for the next trilogy, and *Episode VII* is now in early development. However, the story probably won't end there.

"It's now time for me to pass *Star Wars* on to a new generation of filmmakers."

—George Lucas
Star Wars creator

next," Lucas said in a press release. "It's now time for me to pass *Star Wars* on to a new generation of filmmakers. I've always believed that *Star Wars* could live beyond me, and I thought it was important to set up the transition during my lifetime."

The common belief among *Star Wars* fans is that the original trilogy was fantastic and the prequel trilogy was abysmal. Disney's acquisition and subsequent resurrection of the franchise could very well result in a satisfying middle ground. There's no way the new films could top the originals as long as the generations that fell in love with them are still around, but they could still be quite good.

Disney knows what's at stake: they could be the rightful torchbearers of the *Star Wars* franchise or the mark of ire and ridicule from its fans. With the amount of publicity and uncertainty surrounding the deal, it's no secret that Disney has a lot to live up to, and it's unlikely that they'll take matters lightly. But wait until 2015, we must. f



album reviews



Godspeed You! Black Emperor
'Allelujah! Don't Bend! Ascend!'
| Constellation Records



GODSPEED YOU! BLACK Emperor is a band that nobody was sure they'd ever hear from again. The Montreal-based group, who released three stellar albums and one EP between 1997 and 2002, went on an indefinite hiatus in 2003. Finally re-emerging in 2010 for touring, they quietly recorded a new album and released it suddenly. So suddenly, in fact, that they started selling it at a show in the U.S. before even announcing the album's existence.

On *'Allelujah! Don't Bend! Ascend!'*, no new ground is broken, but GY!BE manage to prove they're still superb at what they do. The album contains two 20-minute tracks and two droning six-minute interludes. The lengthy numbers are tremendous and classic Godspeed, with minimalistic instrumentation that slowly builds into striking, noisy crescendos and manages to maintain an eerie atmosphere throughout. While the two interludes aren't boring, they sound considerably more enjoyable in the context of the full album.

The only real complaint is that despite the total running time, only two tracks are proper songs, and these songs were actually first performed live by the band before their hiatus; hardcore fans have been listening to bootlegged versions for years. Despite this, *'Allelujah!'* is a welcome return of GY!BE, and will hopefully lead to another album that won't take ten years to come out.

—Max Szyz



Three Days Grace
Transit of Venus | RCA



THREE DAYS GRACE'S fourth album, *Transit of Venus*, was given its name on June 5, 2012, the day that Venus could be seen crossing in front of the sun. This phenomenon is literally a once-in-a-lifetime experience, and the band wanted this title to reflect the album's unique tone. Unfortunately, it seems that the only once-in-a-lifetime experience occurring for listeners will be finishing this album.

The album's opener, "Sign of the Times," is a deceptively good start coming from the Canadian rock band from Norwood, Ont., while the first single, "Chalk Outline," follows a style that fans will enjoy and are familiar with. But while trying out new instruments and experimenting with more intricate styles, the band falls short at times. Songs like "Anonymous," "Time That Remains," and "Expectations" are highlights of the album.

While *Transit of Venus* contains its fair share of catchy songs that will keep some fans satisfied, others will undoubtedly yearn to once again rock out to songs like "I Hate Everything About You" and "Animal That I Have Become" that the band has become known for.

—Krystine Therriault



Diamond Rings
Free Dimensional | Secret City



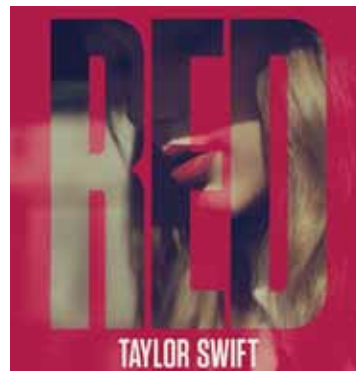
THE FIRST THING that came to mind while listening to Diamond Rings' *Free Dimensional* was the '80s—not the mullets and the atrocious fashion sense, but the good parts: the neon lights, Depeche Mode, and Duran Duran's "Hungry Like the Wolf."

Free Dimensional is the second album by Diamond Rings, the solo project of John O'Regan, formerly of the Guelph, Ont. post-punk band The D'Urbervilles. The album is electronic and all over the place, but in a very good way. It brings to mind bands like The Strokes and the aforementioned Depeche Mode, seemingly drawing influence from many modern bands but more predominantly from the electronic pop bands of the '80s.

Perhaps the most unusual thing about *Free Dimensional* is the fact that about 70 per cent of it is composed of love songs. This could be a bad thing, but in this case, the admittedly cheesy songs are all deeply sincere and musically exceptional. The final song of the album, "Day & Night," is yet another love song with an odd but fitting break for some rapping.

All in all, *Free Dimensional* is a great album with constant highs and very few lows, and is definitely worth a listen.

—Brennan Bova



Taylor Swift
Red | Big Machine



TAYLOR SWIFT IS back again with her fourth studio album in six years. The lead single from *Red*, "We Are Never Ever Getting Back Together," is upbeat, cynical, and coloured with contempt for an unnamed

ex who keeps coming 'round. While lyrically disappointing, the song as a whole is catchy and exemplifies this album's foray into the pop world. Loud tracks such as "I Knew You Were Trouble" and "Red" drift into the pop-rock and electro-pop genres, and the songs' use of synthetic instrumentals show Swift's potential to merge into a new sound.

The best evidence for Swift's growth, however, is found in the slower and softer songs that heavily feature vocals and guitar. In "Sad Beautiful Tragic," she finally sees herself from an ex's perspective. She sings, "You've got your demons / And darling, they all look like me," which speaks volumes for the girl who has often been one to point fingers. In "The Lucky One," Swift wonders how fun her overwhelming fame truly is.

The album is rounded out with tunes that bring her back to her country roots, from the mellow "Begin Again" to the cheerful jingle "Stay Stay Stay." In the end, it's the layered, mythological allusions and haunting chorus of "State of Grace" that present the real turning point and depth of the young songwriter.

Taylor Swift is caught between two worlds: that of the 16-year-old dreamer from Pennsylvania and that of the 22-year-old image-savvy star who's carefully experimenting with new sounds. This confusing mesh of styles doesn't make for a very cohesive album, but individually, the songs on *Red* are catchy, satisfying, and probably never, ever, ever getting out of your head. Like, ever.

—Siyuan (Emily) Fu

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A single step

Can the journey to sustainable living begin with just one individual?

Ali Schwabe | Fulcrum Staff

The United Nations' Intergovernmental Panel on Climate Change (IPCC) warned in 2007 that hurricanes and other storms were likely to become stronger as a result of global warming produced by human activity. Recently, hurricane Sandy wreaked havoc on the northeastern United States and Canadian provinces from Ontario eastward. The CBC reported that climate scientists say Sandy wasn't necessarily caused by global warming, but the storm's severity and course can be partially attributed to the rising sea levels and warmer ocean surface temperatures caused in part by global warming.

The IPCC predicts that sea levels will rise by another 18 to 59 centimetres by the end of the century if warming continues. It also predicts that floods and droughts will become more common, less fresh water will be available for human consumption, diseases like malaria will spread, and ecosystems will change.

But what does all this have to do with you? You're just one person, and in the long run, it won't make much of a difference whether or not you recycle the paper you're holding—right? The *Fulcrum* sat down with experts and students to find out if it's possible for individuals to make a meaningful impact on the environment.

Small changes can add up

"I don't think one person makes a difference at all, because the rest of society is going to do what it wants," said Emily Steele, a fourth-year nursing student at the University of Ottawa. "I recycle, I turn off my lights most of the time, and I try to do little things like that because I don't want to contribute to a problem, but I don't think one person actually makes a difference for the better."

Some of the experts working toward increasing environmental sustainability are frustrated with the mentality that one action performed by one individual doesn't make a difference.

"One person doesn't think they can make a difference—it's not true," ex-

plained Jonathan Rausseo, the University of Ottawa's sustainability development manager. "You're not a person, you're a [part of a] fabric of people, and if the fabric of people [is] willing to make small differences, it has huge impacts. That little gesture that seems like it's meaningless—just walking out of a room and turning off the light seems meaningless—but the other 20 million people that did the same thing that you just did, that makes a difference."

Merissa Mueller is a fourth-year environmental studies and geography student at the U of O. She's tired of people skipping out on small acts because they think it won't help that much anyway.

"The people that think they cannot make a difference frustrate me the most," she said. "To me, it's simple math. $1+1+1+1+1$ = the population of our campus, the population of Ottawa, etc. The difference is made by each individual working separately but together [to lessen] our impact on the environment."

Rausseo offered some concrete examples of individual actions adding up.

"The Ontario Power Authority can install a smart thermostat, and when it gets super hot they up it a half a degree ... based on distribution demands across the province," he explained. "Most people would say 'Oh, it's meaningless, it's half a degree.' But half a degree over a million homes—that's a lot of energy. Once you do that it's enough to stop things like ... that blackout we had a few years ago."

Rausseo further elaborated on programs happening at the U of O. Previously, residence buildings did not have recycling bins inside individual rooms. He shows how the impact of a student getting and using a blue bin is significant when you consider the multiplier effect.

"Inside our residences, let's say [students] recycle over the course of a week 10 things, that's reasonable," said Rausseo. "People are in residences for 30 weeks. So 10 items, 30 weeks—that's 300 things that are getting recycled a year. There are 3,000 people in residences, so now we're talking about 90,000 items that were recycled [rather than thrown out]."

Nicholas Rivers, professor at the Graduate School of Public and International Affairs at the U of O, explained that individual actions can have positive, possibly unforeseen impacts as well.

"It goes without saying that most of us aren't going to turn the global environment around on our own, but individual action can still be important," he wrote in an email to the *Fulcrum*. "For example, most of us are followers. When we witness someone else taking an action, it can induce us to change the way we behave. This has been the case for recycling programs: there's evidence that suggests that many of us have been influenced by a friend or neighbour to begin recycling. That friend or neighbour

therefore didn't just change his or her own behaviour, but also that of others. By taking an action to protect the environment, we may be beginning a shift in social norms that pays off in ways that aren't reflected by the individual action on its own."

Seeing the system

Not all the experts agree. Matthew Paterson, a professor at the U of O's school of graduate studies, is a lead author for the IPCC and has written several books on global environmental politics. He argues that individuals have less control over their greenhouse gas emissions than many people think.

"If you just take your domestic emissions—the things you can directly impact in your personal life, say your domestic emissions in your house or your apartment, your transport decisions, the things you buy—from computers to washing machines, even the paper you buy—when you total that up and you look at those emissions and then you ask, 'Which of these emissions do I actually control or have any significant control over?', it's a relatively small amount," Paterson said.

Paterson believes individuals are forced to make decisions by the ways cities and systems are set up.

"Let's take your transport choices. Lots of people, especially in North America, don't have real choices... The choices are so skewed in favour of driving a car," he explained. "The single biggest difference is not whether you drive a Prius or whether you drive a Hummer. It's whether you drive or you don't drive. As soon as you're driving, you're infinitely emitting more than somebody that doesn't drive."

Mueller acknowledged that a lack of control puts some limits on how she can help the environment.

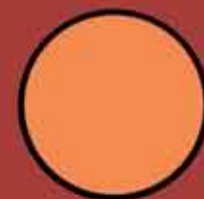
"I, like many students, rent an apartment. This means I have no control over the residence in which I live," she said. "I cannot turn down the heat and opt for a sweater; I can't pay to install energy-efficient windows or low-flow toilets or sinks."

Leslie Shiell is an economics professor at the U of O whose research focuses on environmental economics. He believes that when governments provide incentive, individuals will change their behaviours in big enough numbers to make an impact.

"I can't answer that question," he said when asked if one individual's environmentally friendly acts matter. "We do know, however, if we

put in policies that make it costly for people to harm the environment, then everyone has an equal incentive to take steps to protect the environment."

He described the effects of the British Columbia carbon tax put in place in





2008.

“A carbon tax ... makes all [those] fossil fuels more expensive. Now there’s an incentive for individuals to do their personal calculation and consume less of these polluting inputs simply to make

their own selves better off,” Shiell explained. “So now they don’t have to think about the environment from the global sense or from the good citizen sense, it’s just about saving themselves money.”

Paterson believes that even when people want to make good individual choices, their surroundings—the systems and institutions they interact with on a daily basis—limit their abilities to reduce greenhouse gas emissions.

“To the extent that driving is not a choice and is more or less a forced necessity, the system is determining those emissions, not the individual behaviour. Which is not to say that we can’t be encouraging people to cycle, but the way we do that is by building more compact cities... You look at the transitway and say we want every [new] building to be built along the transitway for the next five years until it’s all built,” explained Paterson. “Then you’ll reduce emissions per person. And it’s not because anybody’s any [more] virtuous. And it’s not because you’ve told people what they have to do. It’s because you’ve structured the city in such a way that that’s the sensible thing to do. The sensible thing to do is to jump on the transitway.”

Despite Mueller’s circumstances as a student that limit how much of her emissions or waste she controls, she believes there are still ways for her to make meaningful impacts on the environment.

“It’s tough, but it is possible to maintain some semblance of environmental consciousness,” she said. “I let it mellow. Seriously, do you know how many litres [of water] a conventional toilet uses to flush? It’s ridiculous! Until I have enough money and my own place to buy a low-flow toilet, I’ll be letting it mellow.”

Student lifestyles

When it comes to leading a green lifestyle, there are certain advantages and disadvantages to being a student.

“I cannot afford to purchase all organic food,” said Mueller. “I certainly cannot afford all sweatshop-free and Canadian- or American-made clothing.”

“Being green costs more money,” agreed Steele. “For example, changing out the light bulbs the landlord installs into energy-efficient light bulbs costs you more money. Students can’t

always afford being green, even if they want to.”

The University of Ottawa and the Office of Campus Sustainability have begun a number of initiatives to make student life greener. Rausseo described some advantages students have in leading a green lifestyle.

“If you go to any of the food service outlets, you get 25 cents back every time you use a mug,” he said. “If you drink five coffees a week, you’re getting back \$1.25 a week; let’s say you’re on campus for 30 weeks, then you just made \$40. The cost of the mug was nothing. Enjoy the \$40.”

Rausseo also emphasized that you can recycle absolutely anything on campus.

“The new sports field was made from recycled running shoes. We take your stuff and we actually do something with it,” he said. “On campus we’ve gotten almost as far as we can possibly get with the infrastructure. There are recycling centres everywhere now and the recycling centres have an amazing setup that makes [them] easy to understand and to use, with pictures [and] colour-cod[ing]. And we do recycle it all. Students see cardboard being thrown together in a bag with trash and think it’s not being recycled—it is. We sort it again later. So it’s education now that is our focus.”

Mueller takes full advantage of those systems.

“At home, I recycle everything I can in the mainstream city program and compost on top of that,” she said. “Then I bring my ‘odd plastics’ to campus and recycle them here.

“[My roommates and I] end up producing a kitchen-size garbage bag of things that can’t be recycled every three months.”

Paterson described additional choices students have.

“If you’re a student living on a central city campus like [the U of O], then you’re relatively privileged; you actually have real [transportation] choices,” said Paterson. “You can cycle, you can walk, you can take the bus, [or] you can drive.”

Mueller thinks some decisions can be controversial but beneficial.

“With the mandatory U-Pass or banning of bottled water on campus—it’s the things that spark outrage among students but also help plant the seeds of behavioural change,” she said. “After you complete university, you may be more familiar with the bus system and opt to use it or continue to carry around a reusable water bottle without a second thought.”

Concrete and creative actions

So what’s a person to do? Regardless of whether or not they focus on individual actions, economics, or governmental systems, the experts all believe there are steps to be taken to ensure we protect our planet for ourselves and for future generations.

One of Mueller’s biggest sustainable choices was vegetarianism.

“In the past year and a half I stopped eating all meat,” she explained. “I’m not

a vegetarian simply because I am against animal cruelty but [because] I am conscious of the environmental impacts... If I were to eat meat again, I would need to not be a student as to afford grain-fed, locally produced, free-range, etc. meat—and knowing the farmer would help too.”

Rausseo spoke about ending the disconnect between everyday actions and their environmental impacts.

“If you take an elevator, just you, whether you go up or down, every two floors you go [uses] enough energy to completely power your smartphone. [Take the stairs.] We all need the exercise anyway. Especially if you’re going down. I mean, that’s gravity, come on. You might not necessarily think about it. It’s the disconnect,” he said.

Rausseo’s also on a mission to make the university waste-free.

“Everything is recyclable. Don’t think it’s not,” he said. “We’re going to set up a cigarette recycling centre. Those can be compressed and turned into shipping pallets. Even cigarette butts! There is no such thing as garbage. You’re inventing that in your mind.”

Paterson spoke about changing systems, challenging conventions, and taking a political stance to truly make a difference.

“The first point I would make is look at the sum of emissions and realize they’re not about individual behaviour for the most part; they’re about structural decisions, they’re about city planning, they’re about building codes, transport policy, building architecture... They’re about politics in

any other words,” he said. “Acting on those to get those green will be the single most important thing. Get involved in campaigns around the things that cause emissions to be rising, which they still are in Canada.”

—Mueller

“I think the second thing is then interrogate the myths that we all have. Do it collectively with your friends; either formally or informally have a conversation about why we love cars and what the problems are of loving cars. We live in a culture that values environmental degradation—that actually thinks environmental degradation is a good thing. That’s the problem,” Paterson continued. “Make the automobile a problem. Make showering twice a day a problem. Make having your rooms the same temperature all year and not wearing fleeces indoors in the winter a problem. Don’t pretend you can do it yourself. It’s not about your moral virtue because none of us really know what to do, we’re all struggling. So make it about a conversation with your friends.”

So, the jury’s out on whether one individual’s actions make a difference. Either way, Shiell has words of encouragement for those on the fence of whether or not they should fully commit to being green.

“[Speaking] as an economist... it may be true that we can solve this problem without that one individual doing anything,” he said. “As a person, I’d like to encourage them to do what they think is right.”

the thryllabus

Want your event listed on the thryllabus? Email events@thefulcrum.ca

Music

Nov. 8: *Survivorman's* Les Stroud and the Campfire Kings and Slo' Tom and the Handsome Devils play Mavericks (221 Rideau St.), 8 p.m.

Nov. 9: The Luyas, Fiver, and Andre M. Bluteau play Mavericks (221 Rideau St.), 9 p.m.

Nov. 10: Citizen, State Champs, and Candy Hearts play Pressed (750 Gladstone Ave.), 8 p.m.

Nov. 11: 8th Annual Remembrance Day Show hosted by the Rookers, Scally Cap Brats, Four-stroke, and Sons of Scotland at Dominion Tavern (314 Flora St.), 9 p.m.

Nov. 11: Corrosion of Conformity, ASG, Royal Thunder, and Collider play Mavericks (221 Rideau St.), 9 p.m.

Nov. 13: Danko Jones and Eagleson play Mavericks (221 Rideau St.), 8 p.m.

Nov. 16: David Usher and Elise Legrow play the Bronson Centre Theatre (221 Bronson Ave.), 7 p.m.

Nov. 16: Kraken the Case, We Are the Union, Freshly Cut, and Murder State play Café Dek-cuf (221 Rideau St.), 8 p.m.

Nov. 16: The Sheepdogs and Yukon Blonde play Ritual (137 Besserer St.), 7 p.m.

Film

Nov. 9: *Smashed* plays at

the Bytowne Cinema (325 Rideau St.), 9:40 p.m.

Nov. 9: *Citadel* released to theatres

Nov. 10: *The Odd Life of Timothy Green* plays at the Mayfair Theatre (1074 Bank St.), 3 p.m.

Nov. 11: *Midnight's Children* plays at the Bytowne Cinema (325 Rideau St.), 8:40 p.m.

Nov. 14: *The Bourne Legacy* plays at the Mayfair Theatre (1074 Bank St.), 9 p.m.

Nov. 16: *You've Been Trumped* plays at the Bytowne Cinema (325 Rideau St.), 6:30 p.m.

Nov. 16: *The Twilight Saga: Breaking Dawn Part 2* released to theatres

Nov. 16: *Celeste and Jesse Forever* plays at the Bytowne Cinema (1074 Bank St.), 7 p.m.

Nov. 16: *Hitler's Children* released to theatres

Visual art

Nov–Dec. 2: *Prairie Companion* displayed at Cube Gallery (1285 Wellington St. W.)

Nov–25: *Exquisite Corpse* displayed at La Petite Mort Gallery (306 Cumberland St.)

Theatre

Nov–Nov. 18: *Fly me to the Moon* plays at the Great Canadian Theatre

Company (1233 Wellington St. W.)

Sports

Nov. 10: Women's volleyball: Gee-Gees play the Brock University Badgers at Montpetit Hall (125 University Pvt.), 2 p.m.

Nov. 11: Women's hockey: Gee-Gees play the McGill University Martlets at the Minto Sports Complex (801 King Edward Ave.), 2 p.m.

Nov. 16: Women's basketball: Gee-Gees play the McMaster University Marauders at Montpetit Hall (125 University Pvt.), 6 p.m.

Nov. 16: Men's basketball: Gee-Gees play the McMaster University Marauders at Montpetit Hall (125 University Pvt.), 8 p.m.

Nov. 17: Men's and women's swimming: Gee-Gees compete in the Stratten Divisional Championships at Montpetit Hall (125 University Pvt.), 4:30 p.m.

Nov. 17: Women's basketball: Gee-Gees play the Brock University Badgers at Montpetit Hall (125 University Pvt.), 6 p.m.

Nov. 17: Men's basketball: Gee-Gees play the Brock University Badgers at Montpetit Hall (125 University Pvt.), 8 p.m.

Miscellaneous Events

Nov 1–30: Movember! Visit Ca.movember.com to learn more

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photo by Justin Labelle

Gee-Gees earn OUA gold

Women's soccer moving forward to national championships

Maclaine Chadwick | Fulcrum Staff

A new championship banner will be hung on the side of the Minto Sports Complex, the first one the University of Ottawa has seen since 2006.

After performing in an undefeated season and staying on top of the Canadian Interuniversity Sport (CIS) rankings for over half of it, the Gee-Gees were the team to beat during the 2012 Ontario University Athletics (OUA) playoff tournament on Nov. 3 and 4.

The tournament, held at the Matt Anthony Field, brought together four teams—the Gee-Gees, Queen's University Gaels, Wilfrid Laurier Golden Hawks, and McMaster University Marauders—all fighting for the OUA championship and a spot at the CIS national championships from November 8-11 in Victoria, B.C.

The tournament resulted in the Geees clinching the gold medal, the Laurier Golden Hawks taking second place, and the Queen's Gaels landing the bronze. The McMaster Marauders were the only participating team who won't move on to the national championship.

Game one: Gees vs. Marauders

The weekend's first challenge for the U of O was a game against the McMaster Marauders, which ended 1-0 in favour of the Gees. In one of the toughest games of their season, the Gees overcame the Marauders by one goal during the high-intensity playoff match.

It wasn't until the 68-minute mark that midfielder Krista Draycott—assisted by first-year striker Kayla Jones—put a shot past Brittany Duffey, McMaster's exceptionally strong third-year goalie.

"Full credit to [McMaster], I thought they played very well—they have a very good team," said Gee-Gees head coach Steve Johnson.

"They brought it really hard; they wanted it just as much as we did," added Draycott. "The intensity of the playoffs is always crazy—we've just got to keep working against that."

Getting the win and moving forward to the gold-medal game guaranteed the Gee-Gees a trip to the CIS national championships, which accepts the gold-, silver-, and bronze-medaling teams from the OUA championships.

Following the game against McMaster, the Gaels took on the Laurier Golden Hawks to determine who would face the undefeated Gee-Gees in the following day's gold-medal match.

Regardless of which team they faced, the Gees knew they were in for a difficult game.

"One of our main goals was to go to nationals, so I feel like now we can be relaxed," said Draycott. "We are obviously in for a tough game tomorrow—whether it is Queen's or Laurier—so we will be mentally preparing."

Game two: Gees vs. Golden Hawks

Overcoming the Gaels 5-4 during a penalty-kick showdown, the Laurier Golden Hawks were the team pitted against the Gees for Sunday's gold-medal game. The game, which went into extra time, was scoreless until the 114-minute mark, when second-year Gees striker Pilar Khoury headed the ball past Laurier keeper Katrina Ward.

"I was winded, but it felt really, really good," said Khoury, recalling her feelings after scoring the goal. "My whole goal this season was to help the team get to where we wanted to go, and to be a part of it is just amazing. Our first goal was to win OUA and then nationals, so we are just on to our second goal now."

For many senior Gee-Gees, the winning game marks the last time they will play competitively on Matt Anthony Field, but that's not the only reason why the game was monumental.

"No one on this team, including myself, has gotten the OUA gold," explained graduating striker Christine Hardie. "The last banner we got was in 2006, so this is a collective highlight for everybody."

Johnson also attributed some of the Gees' success to goaltender Cynthia Leblanc, who—along with rookie goaltender Alexandra Girouard—allowed only one goal in a total of 19 games.

"We have an absolutely terrific goalkeeper," said Johnson. "She allows everyone else on the team to be confident in the back line. We don't give up many opportunities, but we know that if those opportunities occur, we will have some-

body who is going to be able to save us."

Thanks to terrific goaltending, many of the tournament games were forced into extra time or determined by penalty kicks. In the preceding game to determine the bronze-medal recipient, each goalie blocked four penalty kicks before Queen's put a shot past McMaster—who were unable to respond with a goal—giving Queen's the bronze medal and a trip to nationals.

Gee-Gees heading west

With the OUA championship title under their belts, the Gees will head to Victoria, B.C. to compete for a national medal.

"I'm excited. I feel like we haven't plateaued yet, and we are just on the up," said Hardie. "This was one success, and

"The intensity of the playoffs is always crazy—we've just got to keep working against that."

—Krista Draycott
Midfielder

I think medaling or gold medaling at nationals would just be the best."

"The quality of the teams is going to be great," said Khoury. "I've been [to nationals] last year and it was amazing...I'm really excited to be going back."

Winning gold in the OUA championship gives the Gees a huge advantage going into nationals, explained Johnson.

"We are going in as conference champions; I think we have a good draw," he said. "Hopefully we will be able to maintain our performance and perform to our ability....This is a team that plays a nice brand of soccer. I'm proud to take them to nationals and show them off."

Fans can watch the Gee-Gees compete in the CIS national championship, hosted by the University of Victoria, at cis-sic.tv

Award-winning players

Many members of the women's soccer team were honoured by the OUA, and recipients were announced prior to the provincial championship games.

OUA major award recipients

Player of the Year:
Gillian Baggott

Coach of the Year:
Steve Johnson

Community Service Award:
Christine Hardie

OUA east division all-stars

Cynthia Leblanc
Gillian Baggott
Christine Hardie
Julia Francki
Pilar Khoury
Corina Jarrett

Congratulations to all award winners, all-stars, and members of the women's soccer team.

First out of the gate, and in the OUA

Gees volleyball takes Guelph in three straight sets

Maclaine Chadwick | Fulcrum Staff

AFTER ELIMINATING THEM in the 2012 Ontario University Athletics (OUA) playoffs, the Gee-Gees women's volleyball team have once again showed the University of Guelph Gryphons who's boss, beating them three sets in a row during their homeopening game on Nov. 3. The win brings the Gees to a 5-0 season and to first place in the OUA rankings.

Head coach Lionel Woods was very happy with the way the team played.

"I thought we controlled the match," said Woods. "Guelph played well and did good things against us and were trying some things, but we took away their favourite things."

The Gees overcame the Gryphons in the first set 25-22, despite slipping slightly midway through the set and allowing Guelph to take a lead. It was third-year hitter Kelsie English who blocked a hit from the Gryphons, giving the Gees the final point of the set.

The Gee-Gees took an earlier lead in the second set, forcing Guelph to call a timeout when the scoreboard reached 8-3. That timeout helped the Gryphons



The Gee-Gees in action on Nov. 3

photos by Justin Labelle



other... It's just maturity and time together." f

The Gee-Gees' next home game will take place at Montpetit Hall on Nov. 10 at 2 p.m. against the Brock University Badgers.



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at first, but their five-point streak was shut down with a huge hit from fifth-year middle Kathryn Wehrer. The Gees won their second set 25-20.

In their third and final set of the game, the Gees once again trumped the Gryphons 25-22 after taking a very early lead over Guelph. Standout performances of the game included fourth-year setter Christina Grail with 32 assists and third-year hitter Karina Krueger Schwanke with 18 points.

"Christina, our setter, just moved the ball around so well," said Woods. "We've been really working on trying to get our middle a little more involved in our offence, almost force them to be involved."

The Gee-Gees' success in their season so far can be attributed to the players' comfort and chemistry with each other, according to Woods.

"People call it chemistry, but good chemistry just comes from time together. They are just so comfortable beside each

From the Sidelines

Ref respect

Maclaine Chadwick | Sports Editor

I'm not a parent. I can't relate to being a hockey mom, and I don't know the feeling of watching my child work their ass off to get to a provincial gold-medal game, only to lose a medal and a trip to the national championships as well. I'm sure it's a difficult thing to go through, but is it worth losing your voice screaming at the referee?

To preface this column, I need to specify that I am not trying to generalize. I am referring specifically to a few fans who I had the uncomfortable and deafening experience of sitting behind during the Ontario University Athletics (OUA) Final Four tournament held at the University of Ottawa this weekend. Although similar characters likely pop up at Little League games or other university-level sporting events (please feel

free to pass this advice along to them), the following rant is directed in particular to the loudmouths who were sitting in front of me.

No, the world of sports is not conspiring against your kids

Okay, so you watched the news this summer when conspiracy theories about NBA referees were being tossed around. That doesn't mean it's happening here, so don't accuse that man or woman of committing a career-ending act just because he or she made a call against your team, or missed a call against the other team. To add to this, the refs are not "homers." In fact, for a tournament as important as this one, they were likely hired from out of town to avoid bias.

Duh... just, duh

My next point is so obvious it almost embarrasses me to have to say it. There is a reason the refs work on the field, ice, or court. Being on the field and supported by linesmen at the sidelines naturally give referees a better view—and thus make them a much better judge of whether the ball is in or out than you are from your cozy position in the stands with a blan-

ket, a large double-double, and a field of vision blocked by the backs of other fans' heads. That is why they are the referees, and you are not.

You are an adult—act like it

You've probably been watching your kid play soccer their whole life and have a good grasp of the rules, so why are you contesting a foul when I just saw your player steamroll one of ours? Don't get mad at the referee when your team screws up. If the referee misses a call, which does happen, that does not give you the right to personally attack the official and call him or her an idiot. It is outlined in the OUA's fan code of conduct: "When attending a game, spectators are required to refrain from...verbal or physical harassment of opposing team fans, officials, opponents or other person[s]," but it is also a simple matter of respect.

To summarize, please grow up. Focus on cheering on your team instead of hating on the people running around in shorts in below-zero weather who probably can't hear you anyway. You look ridiculous. f



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Liquid calories still count

Nadia Helal | Fulcrum Contributor

Chances are, no student can afford to drop precious money on beverages, but it can be tempting—especially in a society that promotes fancy coffees, miraculous energy drinks, and relaxing beers. If outrageous prices alone don't stop you from guzzling any of the aforementioned drinks, maybe reading up on the calorie counts of these liquids will convince you to stick to what Mother Nature is serving up: good old H₂O.

Soft drinks are cheap to produce, tasty, and convenient. The trouble is, a small bottle of Coke will run you 240 calories and 65 grams of sugar. While its diet counterparts may contain less than one calorie, the aspartame and sodium benzoate just aren't worth it.

Coffee shops are another delightfully addictive trap. While a traditional 10-ounce coffee from Tim Hortons contains only 70 calories, its popular cousin the iced cappuccino has a whopping 250 calories along with 11 grams of fat. Don't be fooled by Starbucks either—their website has a section for “delicious drinks under 200 calories,” but most of them are unsweetened or non-fat versions, which generally taste no good and aren't worth the money you'll shell out for them.

Energy drinks like Monster and Red Bull may promise hours of liveliness, but are loaded with unhealthy doses of caffeine. Although they do contain sugar, they have a relatively low amount of calories (an average can contains 110). Even if you only indulge in the occasional jager bomb, mixing energy drinks with alcohol is a sure way to discover if you have any family



photo illustration by Kyle Hansford

heart problems—and the calories in alcohol are no laughing matter either. The average beer contains anywhere between 150 and 250 calories and is loaded with carbohydrates.

Grabbing a soft drink or cappuccino more every once in a while might explain that spare tire developing around your waistline. A 2009 study from the *American Journal of Clinical Nutrition* revealed that “a reduction in liquid calorie intake had a stronger effect than did a reduction in solid calorie intake on weight loss.” Furthermore, the study specified that “Of the individual beverages, only intake of sugar-sweetened beverages was significantly associated with weight change.” This means that if you want to lose weight, cutting daily sodas from your diet could be more effective than cutting unhealthy solid foods like white bread.

“If you are picky with your water, you have options—American company Bobble has come up with an easy way to purify your water. By attaching a mini-filter directly into their bottles, they filter as you drink!”

We hear about the benefits of water all the time—it's calorie-free, good for your skin, and keeps you hydrated. Although our campus doesn't sell bottled water, there are drinking fountains everywhere, and free re-useable water bottles are easy to find if you keep your eye out. If you are picky with your water, you have options—American company Bobble has come up with an easy way to purify your water. By attaching a mini-filter directly into their bottles, they filter as you drink!

Instead of coming up with variation after variation of unhealthy drinks (remember Pepsi Blue, anyone?), our society should be focusing on water—it's still the best thirst-quencher out there. So grab a glass, add a dash of lime and mint, save your money, and give health a chance.

FOOLPROOF FITNESS

Cardio kickboxing: not for the faint of heart

Britta Schiemann | Fulcrum Contributor

I AM A runner, so when it comes to anything fitness-related that doesn't involve a treadmill or trail, I am usually at a loss. The other day, however, I decided I needed to switch things up a little and push past my plateau of repetitive workouts. I figured a cardio kickboxing class would be the perfect thing to try. To be honest, it was the word “cardio” that jumped out at me. How hard could it be, right?

As I was walking to the room where the class was held, I noticed that it was pretty crowded for a workout class. “No big deal,” I thought as I swung open the door. Looking back at me were some extremely fit women, and I was intimidat-

ed, to say the least.

Before the class began, the instructor asked if there were any newcomers to cardio kickboxing. I swiftly raised my hand, did a quick 360, and noticed I was the only new person. My confidence went straight out the window at this point. The instructor then came over to me to give me a few pointers, but the only one I can remember was “Don't leave—whatever you do, don't leave. We don't need anyone passing out in the bathroom.” Say what? How intense was this class going to be?

It took 30 minutes before my shoulders started aching from punching the air repeatedly. I was sweaty at this point, but even with aching muscles I was still

enjoying myself. The upbeat music really helped, and the instructor was so energetic that even if you wanted to quit, you couldn't because you'd feel guilty for being so comparatively lazy. Also, nobody wants to be the person in class who can't finish.

Forty-five minutes later and I was officially beat, but the instructor was still going hard. I was punching the air like a madwoman, kicking left and right, nonstop upper-cutting, and then BOOM—

the fatigue hit. I started feeling woozy and tried to convince myself to pull it together. Katy Perry was telling me I was a firework, but her words of encouragement couldn't stop me from taking a 30-second break. If that wasn't embarrassing enough, the instructor called out over her little microphone to ask if I was OK. I gave her a thumbs-up, but what I was really concerned about was the fact that everyone in the room was judging the new girl

Forty-five minutes later and I was officially beat, but the instructor was still going hard. I was punching the air like a madwoman, kicking left and right, nonstop upper-cutting, and then BOOM—the fatigue hit.

hard for taking a breather.

After some stretching and a cool-down I was feeling great. The hour passed quickly and my nausea went away in a matter of minutes. Even though it was hell at one point, I did enjoy the class. Not only did it challenge my body with new exercises, but the energy of the instructor and the other participants really got me pumped for the workout. It may sound like peer pressure, but I found that I kept going only because everyone else was—and my workout was better because of it.

So what's to be taken from all this? If you are looking into mixing up your cardio, I highly recommend giving cardio kickboxing a try—just get ready for some hard work.



Dear Di...

Dear Di,
I've been with my boyfriend for about three years now. I know he watches lesbian porn, which I have no problem with, and that he's turned on by the idea of two girls together. I would like to have a threesome with him and another girl, but I don't want him to be getting it on with another woman. I want to do stuff with her to turn him on, but I don't want him to touch her—at all. I think the only things I would be okay with him doing are watching, or touching me while I'm kissing and doing stuff with her. Am I being weird, or is this okay?

—My Way or the Highway

Dear MWH,
 You're not being weird—it's up to you what turns you on and what makes you uncomfortable, and you are well within the bounds of normalcy here. When a couple invites another person into the boudoir, it's important to have complete honesty between the two primary partners. You have to be explicit about what you're comfortable with before you can both get explicit with a third person. Talk to your man about what you would need to make a threesome go well, and vice versa. If you can't agree to each other's ground rules, then you shouldn't go inviting trouble by making your tango a trio.

Let your boyfriend know you want to make out with another girl while he's there, but that he can only look, not touch. Tell him the only way you're comfortable with a ménage à trois is if he agrees to keep his hands to himself. I know my way around the male psyche,

and I'm going to go out on a limb and predict

he'll agree to your terms in about 2.4 seconds. If you're worried that he'll attempt to touch the other girl once the play is underway, I suggest you invest in a pair of handcuffs and put them to good use.

If that's too extreme, get him to agree to do only as he's told during the threesome. Set up a safety word that both of you can use if things get uncomfortable. If you find yourself changing your mind about his level of involvement, stay in control and tell him exactly what you would like him to touch, lick, suck, or penetrate. It's up to him if he moves forward on your naughty requests, but again, I'm willing to bet it won't take much to convince him. If you're the one giving directions, you might find yourself turned on by the thought of him with another woman. Enjoy yourself! Be a little dominant, and have a lot of fun.

Love,
 Di

Dear Di,
I have such an embarrassing problem—a gas problem. I find that when I have sex, the twisting and contorting and bending and thrusting creates a bunch of gas. I know—from awkward experience—that the ladies in general do not enjoy farts. I've tried holding it in until I can slip away discreetly to the bathroom, but too many apartments just have really thin walls and the sounds my butt makes are significant. The most recent girl I was with, let's call her Jasmine, had a roommate whose room was right beside the bathroom. It was so noisy, the roommate knocked on the door asking if Jasmine was okay. Facing her was the worst experience ever, and Jasmine isn't returning my calls. What can I do, Di? I'm thinking I might just try holding it in until the girl falls asleep—but what if the smell wakes her up?

—Farty McFarter

Dear FM,
 The solution to your problem is simple! Find someone whose fetish is eproc-

tophilia: arousal from a partner's toots. Okay, maybe that won't be as simple as it sounds—people don't exactly walk around with an "I <3 gas" sign on their forehead.

Another quick fix? Buy some Gas-X. You don't need a prescription and it'll help relieve your flatulence real fast.

There's no way I'm going to recommend you quit with the acrobatics that you think are the cause of the bubbles building up in your intestines. I do, however, recommend examining other potential causes of the gas. Are you eating a lot of beans and other high fibre foods? Cutting back on magical fruit the day before an expected sexual encounter could help.

Other than that, if you want to impress the ladies, you may have to be willing to suffer for them. Fight your bodily instincts until you can make an excuse to get away. Attempt to make up an excuse that takes you outside, like a phone call or the need for some fresh air. Then let out as much air as you can, since you won't be able to do this throughout the night.

Another option is honesty—while some women will be understanding, be prepared for others to give you weird looks and make excuses to end the night early.

As for waiting for your woman to fall asleep before you let your farts blow—try at your own risk. You're in luck if your lady is a deep sleeper with a bad nose, but you run the risk of another embarrassing encounter if she sleeps lightly and has the sniffer of a bloodhound.

Good luck with the gas, dude.

Love,
 Di

Sexy Sidenote:

Coprophilia is the fetish in which people are aroused by poop. Cleveland steamer, anyone?

Nerdy/Dirty Pick-up Line:

Your smile is warmer than hydrogen plasma.

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answers on page 14

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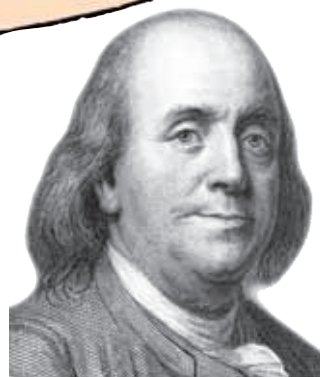
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Need more distractions?

Check out the blog of the week:
Ecorazzi.com

Celebrity gossip meets environmentalism. Have you heard that Lil Wayne recently opened the first eco skate park in the U.S.? No? Then read Ecorazzi.



FUN FACT: The first American to advocate for daylight saving was Benjamin Franklin. In 1784, he realized that many people burned candles at night yet slept past dawn in the summer, wasting early-morning sunlight.

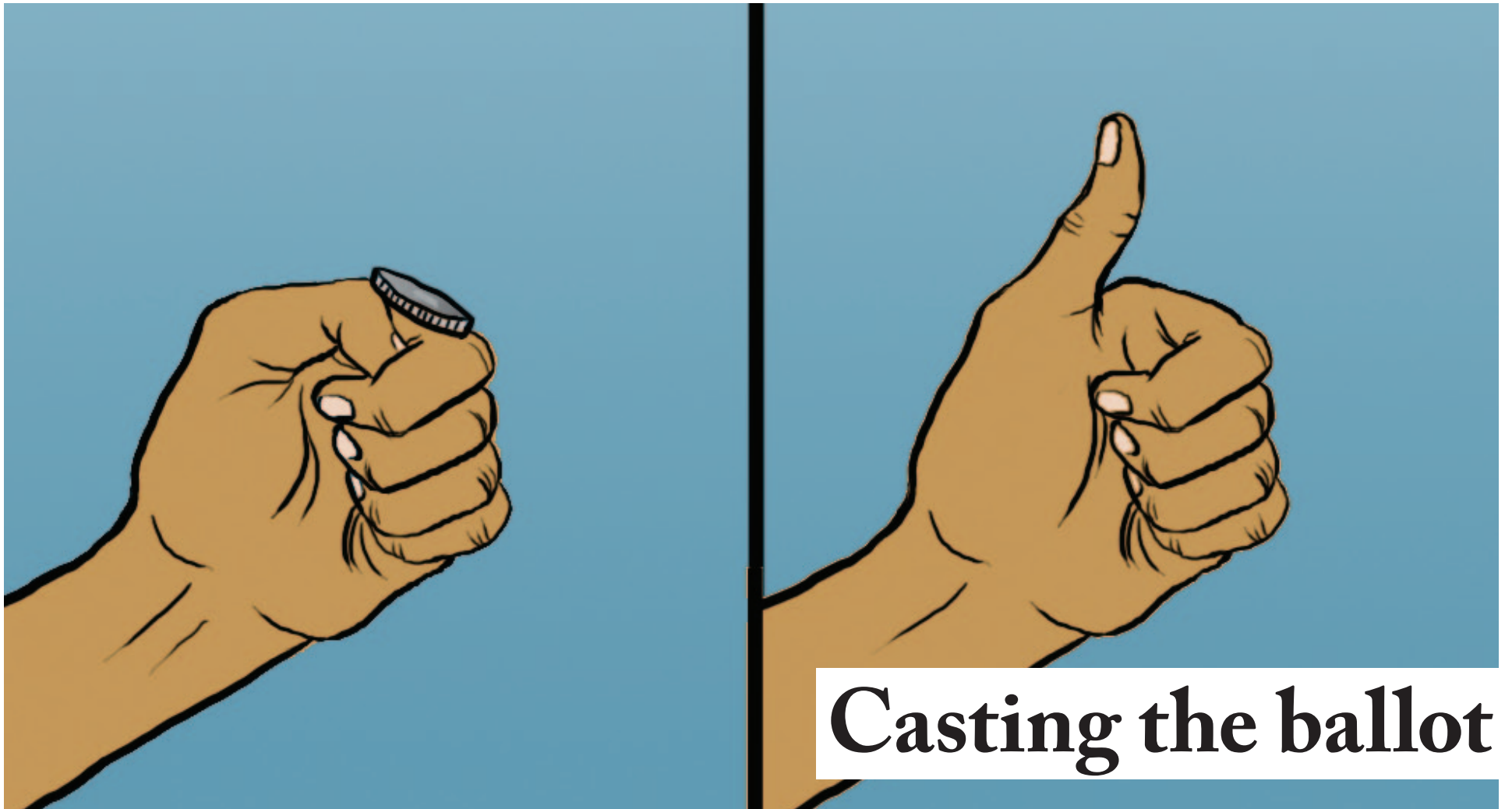


Illustration by Ojo Aji

Should uninformed voters vote?

It seems as if with every passing election, there's a new poll released about just how apathetic our society has become, especially in terms of young voters. In addition to people who don't vote, there is another growing trend in our country—low-information voters. As the name implies, these voters don't know much about party leaders, the issues in their ridings, or anything about the election—but they vote anyway. *The Fulcrum* asks the students whether voters should fill in that little square if they don't know why they're doing it.

Point: If you don't know, don't vote Counterpoint: A vote is a vote

As a Canadian, I am perfectly aware of the importance of participating in the elections to fulfil civic duty and uphold the values of democracy. I have cast my ballot every year since I became eligible to vote, making sure that I at least understood the basics of each candidate's platform. If you're only voting because one of the politicians happens to be attractive or because they've read a book you really like, then you shouldn't vote. An uneducated vote is worse than not voting at all.

Even a cartoon character like G.I. Joe knows that "knowledge is power." Information is a powerful weapon that most people underestimate. Not knowing the basic facts about candidates and what they represent could result in the election of an incompetent leader. Voters and politicians share a very complicated relationship. Think about it—with a society of politically uninformed voters, politicians could feed the masses whatever information they please, and no one would be the wiser.

It doesn't help that to many, politics isn't the most exciting aspect of society. Why would you want to watch a leadership debate when you could play *Angry Birds* on your smartphone or watch another episode of *Big Brother* instead? The distractions of modernity are especially prevalent in the young, making it more difficult for them to become politically engaged and informed.

It's definitely a tragedy, but if people can't bring themselves to get interested in politics, then they shouldn't vote. Why waste a perfectly good ballot on someone who would rather be at home watching TV than waiting in line at the voting booth?

There are those who would fiercely argue that because voter turnouts have dropped drastically in Canada during recent decades, we need to get as many people voting as possible to help keep our democracy legitimate. But the phrase "quality over quantity" applies in politics. If you want to vote, educate yourself. We live in the information age, so there is no excuse to not do a bit of research before checking off a ballot.

Saying that uninformed voters shouldn't vote is like saying that people who don't know much about cars shouldn't bother going to the dealership and selecting a vehicle if they haven't read up on the car's specs, its engine, its gas mileage, and everything else about it. Let's be serious. If this were the case, a pretty small minority of people would be buying cars. Someone might buy a car because it is shiny and their favourite colour, and there's nothing wrong with that.

point

"If you're only voting because one of the politicians happens to be handsome or because they've read a book you really like, then you shouldn't vote. An uneducated vote is worse than not voting at all."

counterpoint

"Likewise, there is nothing wrong with someone voting for a political candidate because they like the way they look, or they like the tie they are wearing during the leadership debate."

Likewise, there is nothing wrong with someone voting for a political candidate because they like the way they look, or they like the tie they were wearing during the leadership debate. Sure, these aren't the most intelligent factors to base a decision on, but whose right is it to say "your reason for choosing that candidate isn't as good as my reason for choosing this one." If we start questioning, we're start questioning the whole concept of democracy—the right of every Canadian citizen of voting age to cast their ballot.

And where would it stop? What if a voter only knew a particular candidate for one of their policies, which happened to be very meaningful to this voter? Whose right is it to say that that one issue they are informed about is not enough? Who would be the impartial judge? There is already enough self-righteousness in politics without some hypothetical standard to which every Canadian voter must live up.

During any given election time, if you look at pins, bumper stickers, and various other forms of self-expression related to the election, you will notice many of them say "Vote." They do not specify why you should vote, which candidate you should vote for, or how long you should spend reading up on each party's platform before you vote. This is the point of political freedom. The truth is, if people feel pushed to do extensive research before they head to the ballot box, they might not bother going at all. That's just a fact of human nature that no amount of fist-shaking by political pundits is going to change. So people should be left well enough alone in their justification for their vote. If it's getting people out there, then that is good enough. Period.

—Emily Manns

—Julia Fabian

Say what?!

Is our society too politically correct?

Sofia Hashi | Fulcrum Staff

There comes a time in all our lives when we wonder, “Did he/she really just say that?” The offending phrase could hit us at any time, whether in class, at a party, or during a casual conversation with a friend. While the verbal diarrhea spewing from certain people’s mouths might make us cringe, it does make me wonder... Has our society become too politically correct?

The meaning of words always change over time, and whether a word is offensive or not depends on when—and where—you’re saying it. Borderline racist terms continue to be removed from our vernacular in favour of more appropriate alternatives.

Who can forget when Queen’s University professor Michael Mason faced an inquest for using terminology that students didn’t feel comfortable with? Saying words like “Japs” and “towel heads” landed the tenured professor in hot water last fall. To be fair, Mason was teaching a colonial history class. His choice of language did have some context—he was quoting the language of the time, not spreading hate himself. Instead of taking that into consideration, students and Queen’s administration overreacted without trying to understand what really happened.

Whenever a public figure steps out of line and says anything politically incorrect, the public jumps down his or her throat, often before really looking into the specific circumstances—and we can all say good riddance to that person’s career. While I’m not advocating provoking

people by using questionable language, these examples are just a reality of our too-sensitive, too-politically correct society.

Freedom of speech is an important right in our country. The fact that we won’t get thrown behind bars for speaking out against the government or stating our opinions either online, or by using the media as a platform, or in any other

public domain is a result of the times we live in. This right needs to be defended.

Hate speech, on the other hand, should never be defended. But what’s deemed as hate speech is where the lines begin to blur. Thankfully we have a legal system in place to help clarify those lines.

The truth is, political correctness has gone too far. Are we too sensitive? Do we

err on the side of pleasing everybody and not “saying it like it is?” Yes, to both. Our fear of displeasing anyone has destroyed our ability to be frank. We ridicule politicians for hiding behind rhetoric, but they’re simply a mirror of our own selves and our own social fears.

Speech is a powerful tool. The language we use can sway people’s opin-

ions, thoughts, and beliefs; but at times it seems as if we’re too afraid to speak. It’s this fear and this political correctness that will end up silencing us. In our silence, we let others speak for us, and our needs and opinions might not be heard.

Say what you mean, but think before you say it. Don’t let fear of backlash hush your voice, because it’s important too. f

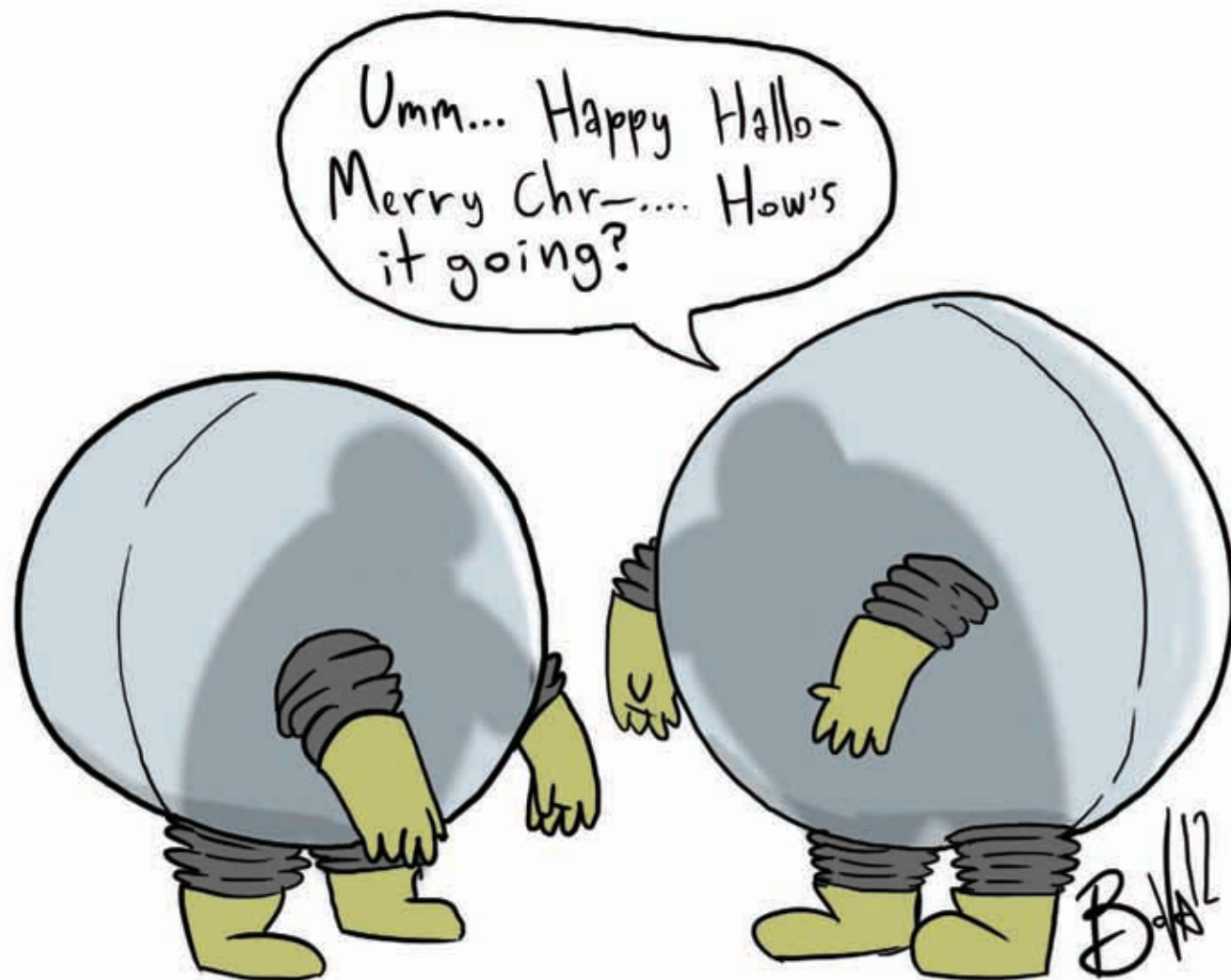


illustration by Brennan Bova

Perspectives

I am Canadian too

Sofia Hashi | Fulcrum Staff

I HATE SKATING. No, really, I do. There’s something about stuffing my foot into an unnaturally skinny shoe with a long blade and spikes attached to it that just puts me off. The sensation of my knees wobbling in protest and my heart hammering as hard as a kickdrum waiting for that inevitable fall induces panic and horror every time I step on the ice.

As we bid adieu to fall and make way for another long and cold Ottawa winter, I know skating is all I’ll hear about for the next four months.

“Is the Rideau Canal open yet?”

“Oh no! They closed down the canal.”

“Global warming is really affecting skating on the canal.”

Okay, so maybe the last one isn’t something you’ll often hear while wandering through the streets of Ottawa, but come on, have you felt our last few winters? Twenty-degree weather in March? Global warming is a thing, people!

To the average person, winter weather is something to be observed from a toasty living room while feasting on leftover Christmas candy. But in Ottawa, all we seem to do is talk about skating, get our skates ready, and skate.

There seems to be a stigma attached to everyone who chooses not to skate—they’re not Canadian.

Every time I tell people, “I dislike skating,” or whenever the topic of Ottawa’s canal is brought up and I say, “I don’t do that,” they always respond in one of two ways: they either gasp and

say, “But you’re Canadian, how can you not like skating?” Or they give me a weird, long, and uncomfortable stare and ask incredulously if I even like hockey—which, now that we’re on the topic, isn’t my first choice when it comes to watching sports.

While I’m internally banging my head against the wall throughout these exchanges, I wonder why some people think a sport or activity can define a country’s citizens. For some

people, skating is a nice thing to do on a sunny winter afternoon, but the important words here are “some people.” The fact that I, or any other Canadian, should happen to detest ice sports doesn’t make us any less, well, Canadian.

If you cut me open, I’ll bleed maple

syrup. I didn’t know how much I said “eh” until my British cousins pointed it out. I apologize profusely for mundane things like grazing someone’s shoulder on the bus. I’ve lived in Ottawa for practically my entire life. If you flip open my passport, you’ll see “Canadian” stamped on it. Point is, I am Canadian, just as much as the other skating-loving hockey freaks in the country.

My intense dislike for skating shouldn’t seem like an oxymoron because of my citizenship. And the next time you hear someone who happens to not like skating, for the love of all things Canadian, don’t say that’s impossible—because it’s not. Trust me, eh? f



Oil drama

The pipeline saga continues

Sofia Hashi | Fulcrum Staff

I OFTEN FORGET to flick off the light switch. I sometimes leave the tap running. I'm guilty of not always recycling. To put it frankly, I'm not the best environmentalist, but I always make a point to try.

Trying to prevent global warming, and trying to make the environment a better place, means that everyone must collectively and consciously try at all times. But sometimes we forget. We also don't know how much of an effort others are putting in, which is what makes it so easy to chuck that Coke can in the trash instead of into the recycling bin. But when a bigger, more visible issue threatens our Canadian ecosystem, we do take notice.

Recently, Enbridge Inc. and TransCanada Corp. have been making headlines with their separate oil pipeline proposals. Enbridge is proposing a Northern Gateway route, which will bring Alberta crude to the port of Kitimat in B.C. and then onto tankers headed for Pacific Rim nations, specifically China. TransCanada Corp., on the other hand, has plans to take Athabasca oil and bring it to the refineries on the Texas Gulf Coast or to central and eastern Canada. The latter bid is known as Keystone XL.

The numbers projected for each venture are astounding. Combined, the

two Calgary-based companies' projects are estimated to cost approximately \$13 billion. Considering the number of pipelines that need to be built and how our current ones need to be upgraded to handle Alberta crude instead of the lighter Middle Eastern or North African blends, this number does make sense—on some level.

Supporters of such bids say the payoff is well worth the costs and potential negative consequences. Colby

Cosh, a writer for *Maclean's Magazine*, reported that Enbridge hired Canadian economist Robert Mansell to see just how much the public would benefit from such endeavours. The Northern Gateway route alone is expected to "yield about half a percentage point in added annual GDP [gross domestic product] between the pipeline's opening and 2048." Also, \$98 billion dollars in government revenue and 900,000 "man-years" of employ-

ment will be gained.

With numbers like this, it's no wonder the Harper government is pushing for the proposals to go through. We're experiencing the worst economy since the Great Depression. It's getting more difficult to find employment. Canada is the third-largest oil-reserve-rich country in the world, so why not exploit our national resources in an attempt to boost our economy? After all, it's only supply and demand. Asia needs oil and

they're willing to pay, so why not participate in this lucrative business venture?

The most obvious reason to not go ahead with such a deal? The environment. That same environment we neglect every time we leave a lamp on or litter on the streets. Have we forgotten the 2010 oil spill in Michigan? For those who don't remember, Enbridge—the same company who wants to go ahead with the Northern Gateway route—caused a huge oil spill in the Kalamazoo River, west of Detroit. The leak was so massive that the U.S. National Transportation Safety Board found it to be the biggest inland oil spill in the Midwest. They also deemed Enbridge reckless in their handling of the crisis, which threatened the health and well-being of millions of people.

“

"The numbers projected for each venture are astounding. Combined, the two Calgary-based companies' projects are estimated to cost approximately \$13 billion."

Is this the same company we want handling our pipelines? Even though TransCanada Corp. wasn't involved with this spill, creating new pipelines and a route running from Alberta to both central and eastern Canada or the United States is risky business. The potentially harmful effects such projects could have on our environment are significant. After all, the Northern Gateway will be crossing the Great Bear Rainforest in B.C., in addition to many bodies of water and forests.

There comes a point when the negatives of such a complex undertaking outweigh the positives. This is one of those times. Here's hoping that Ottawa recognizes this and walks away from such a deal before it endangers our environment. f

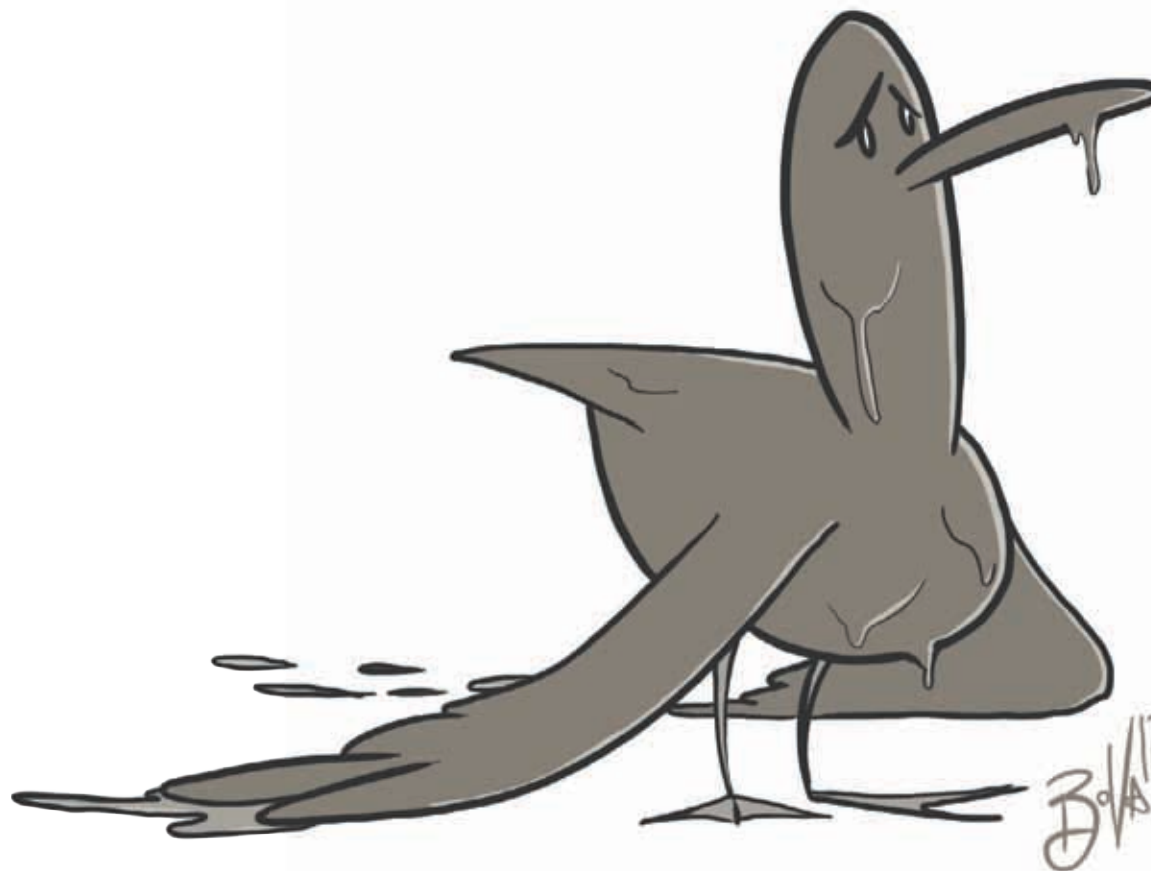


illustration by Brennan Bova

Première disappointment

A writer's struggle to find edible food

Kristyn Filip | Fulcrum Staff

"IS IT EGG?"

"No, it's tofu. Look, it's kind of spongy. It's tofu... maybe."

"It's not tofu! It's cheese... I think."

I'll probably never know if the floppy, shiny, sponge-like substance was egg, tofu, cheese, or something else entirely, but I am sure of one thing: it certainly wasn't edible, yet a Première Moisson employee handed it to me last Monday morning and took my five dollars in return.

My fellow *Fulcrum* editors and I had decided to buy breakfast from the highly-

anticipated bakery located in the new crowning glory of our campus, the Faculty of Social Sciences (FSS) building. We'd heard nothing but great things about Première Moisson, and admittedly, our expectations were sky-high. After suffering the tragic loss of our beloved Café Nostalgica—may she be restored to her former glory by March, as promised—the *Fulcrum* staff was excited to have a new place to grab some good food so close to our office building.

Immediately upon entering FSS, the delicious aroma wafting from Première Moisson overwhelmed me, and the sensory feast didn't stop there. When I reached the bakery, my eyes were treated to a cornucopia of jams, pastries, sandwiches, and so-lovely-you-could-hardly-bear-to-eat-them chocolates.

It was nearly impossible to choose just

one thing. My taste buds told me to go with the adorably wrapped sweets and a jar of gingham-swaddled apricot jam, but my head, ever the practical killjoy, reminded me it was only 9 a.m., and adults eat breakfast food at that time. Fortunately, Première Moisson's selection of morning-appropriate food was vast. I eventually settled on the "breakfast panini," to go.

When I returned to the office, I unwrapped the warm layers of cellophane to take a much-awaited first bite of my panini. My teeth bit down and tore off a piece of bread, and I, having already anticipated deliciousness, was about to smile with satisfaction when my brain caught up to what I was actually tasting in my mouth. I spat out the offending food into a nearby garbage can and stared at the sandwich in my hand. I removed

the top piece of bread and took in the full horror of the contents before me.

"There must be some mistake," I thought, somewhat hysterically. "This came from the place that's supposed to be the saving grace of the University of Ottawa's Food Services. This cannot be."

But alas, it was. The primary ingredient comprising my breakfast panini was a thick, yellow, foam-like substance with a surface so smooth and shiny it could probably double as a mirror in a pinch.

Sensing that I would need support to get through the next few minutes, I called for my coworkers.

"You guys?" I said, my voice loud and slightly cracking. "Guys, I don't even know what this is."

A few people came to my rescue and stared at the proffered sponge, as the substance shall now be known. I moved

my hand up and down, and the sponge flopped like a dying fish on a dock.

My coworkers' disgusted faces, feeble attempts at identifying the true nature of the sponge, and grateful glances at their own entirely edible Première Moisson purchases said it all. I had managed to buy the one disgusting thing the bakery sells.

Ever the generous people that they are, my friends offered me bites of their croissants, muffins, and cookies, each more delicious than the last. As much as I wanted to, I couldn't write off the bakery entirely. The other food was undeniably good.

Will I ever return to Première Moisson? Most likely. Will I ever have high expectations for future endeavours by the U of O in the realm of food? Absolutely not. Except for the return of Nostalgica, that is. Check back with me in March. f



At the expense of men

Re: "Bye bye feminism" (*Opinions*, Nov. 1)

LAST WEEK, A question was posed in the opinions section: Why don't women want to be feminists? Though I do not pretend to be able to speak on behalf of all women, I may have an answer. I'd like to address the statistics quoted in the piece regarding the wage gap between men and women, and the rate of violence against women. Respectfully, the statistics are without context and entirely misleading.

First and foremost is that of the gender wage gap. The author stated women make 71 cents less per hour for every dollar that men make. According to a 2011 Statistics Canada study, women make on average 16 cents less than men, meaning for every dollar that men make, women make 84 cents. This is merely the median; when breaking it into different age groups, women between the ages of 25 and 29 make 90 cents to every dollar. The gap does, however, widen with age: Women aged 30 to 43 are making 85 cents to the dollar, aged 40 to 45 are making 82 cents to the dollar.

Why the disparity in wages? Shockingly, most studies to date have found

that it is not due to gender discrimination. The gender wage gap has been found time and again to be due to the choices women make. Women are more likely to leave the workplace after a few years to raise children, and women are also more likely to take lower paying jobs. Generally speaking, men also take on the more dangerous, thus higher paying jobs. Men also account for over 90% of workplace deaths. Another factor is that more men go into STEM subjects (science, technology, engineering, medicine), which generally speaking, offer higher paying jobs. More women go into social sciences or generally lower paying fields. Having switched from engineering to social sciences, I can see the discrepancies, as I am now a minority in my classes.

The second statistic quoted was that women are two and half times more likely to experience violence than men. While there was some truth to the first statistic (the existence of a wage gap), I'd like to say that this one is blatantly false. A 2010 study found that family-related violence accounted for only one-quarter of all violence in Canada. The same study defined family violence as abusive behaviours including physical, sexual, verbal, emotional, financial victimization, or

neglect. It's true, women do suffer more family related violence than men do (having a larger umbrella to fall under), although men were more likely to be attacked by someone outside of their family. In a separate 2008 Statscan study, men were found to be twice as likely to be victims of level 2 assault, and three and a half times more likely to suffer aggravated assault (level 3). Men were also found to be more at risk of having a weapon used against them.

So why don't women want to be feminists? I hope this answers the question. Feminism promotes a mentality of victim-hood, routinely vilifies men (the very idea of the patriarchy casts all men in negative light), and has a bad habit of misrepresenting or fabricating statistics to its advantage. The feminist movement does not fight for equality, it fights for better rights for women only, usually at the expense of men, and more and more women are realizing this. What we need is not a women-centric movement, but one that focuses on the issues of both genders.

Patrick Jenish

Second-year political science student
Egalitarian

A Chinese dictatorship vetoing our legislatures? You better believe it

AT AN APEC summit on September 9, 2012, the prime minister co-signed the Canada-China Foreign Investment Protection and Promotion Agreement (FIPPA) with the Chinese president, and under the authority of Royal Prerogative then tabled it in Parliament on September 26. Without any accompanying press releases and with minimal media coverage, most Canadians might not have guessed that for the next 31 years, Chinese companies, state-owned or otherwise, are about to acquire the legal power to sue federal, provincial, or municipal governments and even courts

over the infinity of would-be regulations that would reduce their expected profits, all in non-domestic tribunals free to hide their proceedings from public disclosure, all while China is currently pursuing a multi-billion dollar lawsuit against Belgium under a similar treaty. But do not take my word for it—one can follow up the warnings of Professors Gus Van Harten and Charles Burton of the Osgoode Hall Law School and Brock University, respectively.

So make no mistake, companies that are arms of a colonial regime will be able to force taxpayers to pay up, or to get out of the regulatory way, pace some blind faith in kangaroo courts. To top that off, the treaty was blocked from almost any

scheduled parliamentary debate and since Nov. 2 has been set to pass into law at any moment of the prime minister's choosing.

This pact, never debated in any election, is among the greatest of betrayals in the history of Canadian democracy. At the time of this writing, Lead Now has gathered 74,000 online protest signatures and ratification has been delayed, but the political momentum must be maintained and the Canadian public must show enough outrage to prompt its cancellation.

Stefan Klietsch

uOttawa Greens
English communications director

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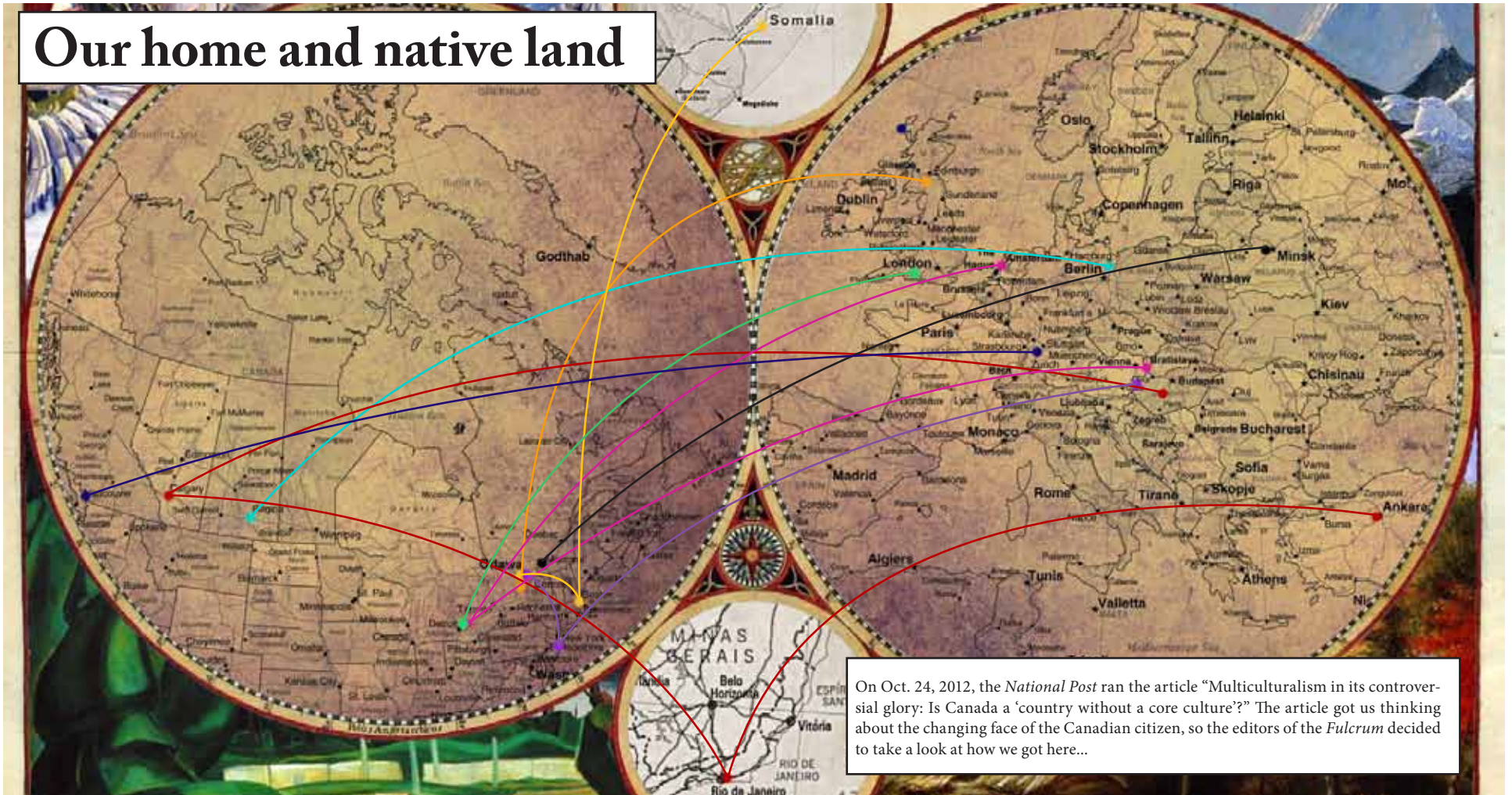
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Our home and native land



On Oct. 24, 2012, the *National Post* ran the article “Multiculturalism in its controversial glory: Is Canada a ‘country without a core culture?’” The article got us thinking about the changing face of the Canadian citizen, so the editors of the *Fulcrum* decided to take a look at how we got here...

I never really cared where my family came from. There is a sort of sentiment in the Jewish community that emphasizes that we all came from Israel, and therefore that is the place many Jews consider to be their roots. I never saw the point of being tied to a place my family has no direct connection to, especially because I am not religious. On my mother's side, my Bubby was an orphan, and we don't really talk about where she came from. I know that my dad's family emigrated from Belarus, but the focus was always on Israel, so I don't care about my family's history. I always was told to look to the future. People says that if you are not aware of the past, you are doomed to repeat it, but I rather forge my own way in the world. I believe in the power of choice vs. the past.

—Andrew Ikeman
News editor

Johann and Maria Feibel came to Canada from the little town of Moschendorf, Austria during WWII, almost settling in New Jersey before deciding upon Ottawa. They lived on noodles and canned tomatoes for a time, but things got better. My opa was a carpenter who helped construct what's now known as Nepean, and my oma became a cook and caterer for embassies and other large parties. Now she cooks for us out of love. My opa died shortly before I was born, but his name

lives on in my own.

—Adam Feibel
Arts and culture editor

Thanks, Opa, for coming to Canada while Germany was recovering from WWII. Thanks, Oma, for following him, marrying him, and having my dad. Thanks for letting me hang out at the fancy cafeteria you guys ran in Regina and for letting me watch you make elaborate cakes in the catering department; my love of baking and cooking came from you two. Thanks for the traditions you brought with you—I'm pretty excited to one day celebrate St. Nicholas Tag with my own children. Thanks for your language and culture, and for the opportunities your move to Canada afforded me. Vielen dank!

—Ali Schwabe
Features editor

Stuart MacLean—a cloth weaver and my namesake—came to Canada from the southwestern coast of Scotland in the late 1800's following the Highland Famine. He was joined by his brothers and eventually traded his loom for life on the farm to support his family, whose roots were growing in Quebec soil. Ironic, because I can't speak a lick of French these days—nor can any of my grandparents.

—Maclaine Chadwick
Sports editor

January 1991 is a time that will always remain etched in my mother's memory. It was the year she fled from civil war in Somalia and arrived in Canada in search of a better life. After watching her hometown of Mogadishu be bombed and destroyed by rebels, my mother grabbed her daughters—me, a 9-month-old baby and my older sister, a three-year-old—and she left.

She left behind her only home, her husband, and her past.

Fast-forward 21 years and she has established herself in Ottawa, along with my father. My parents raised me and my siblings and created a new home along with a new past.

—Sofia Hashi
Opinions editor

My dad's side of the family is British. When I say “British,” I mean really British. My grandparents moved to Canada when they were a young couple, bringing many of their English habits with them. When I was growing up, I loved going to their house after school for shortbread and Ovaltine, which we had while watching *As Time Goes By*, one of their favourite programmes from back home. My British roots have absolutely influenced the way I value culture today.

—Darren Sharp
Online editor

Both my parents are Hungarian, but neither of them lived there very long. My dad left his hometown of Magyaropolany when he was 23, moving first to Karlsruhe, Germany and then to Calgary in 1973. My mom didn't live in Hungary a day in her life. She went from Ankara, Turkey to Rio de Janeiro in 1951. Her father was a major in the pre-communist Hungarian army and military attache adjunct in Ankara. He would have been imprisoned or hanged if he had gone back to Hungary. So she spent her first Christmas (and the next 30) on a sunny beach and always identified the most as Brazilian. Maybe she passed this on to me—I only know a few words of Hungarian but Portuguese feels as natural to me as if I had spoken it in another life!

—Julia Fabian
Executive editor

My family has had an interesting relationship with Canada for a long time. My dad was born in Scotland; his ancestors were displaced by feuding on their island home of Colonsay two centuries prior, forcing them into dispersion around the globe. Some went to Australia and South Africa, but many were mariners on the Atlantic routes between Scotland and Nova Scotia. My great grandfather moved to Canada to become a professor at the University of British Columbia in 1934, where, over subsequent decades,

my grandfather and his family, including my dad, moved to the greater Vancouver area to make a new home for themselves.

—Mathias MacPhee
Art director

In 1941, Johannes Wever was stopped by Nazi soldiers while walking home in Bovenkarspel, Holland. He was forced to go with them to east Germany, where he spent the next four years working as a farmer to feed the citizens of a country who occupied his own. After the end of WWII, he returned to Holland and married Gertruidia Damen of Amsterdam. The young couple decided to move to Canada, a country they held close to their hearts, as the Canadians had liberated the Dutch in 1945. They raised 10 children in Sarnia, Ont., the eighth being my mother.

In 1926, Paul Filip said goodbye to his wife Anna Znachor and infant son Alfred in Bratislava, Czechoslovakia and stowed away on a ship headed for Canada. Upon arriving illegally in the country, he rode the rails for nine years, looking for work. In 1935, he secured employment at Imperial Oil in Sarnia, Ont., and sent money to his wife so she and Alfred could come to Canada. Alfred married Alberta Jay and raised three children in Sarnia, the eldest being my father.

—Kristyn Filip
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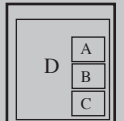
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